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Management of Relapsed/Refractory Multiple Myeloma

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Disclosures

Advisory Committee and Consulting Agreements	Adaptive Biotechnologies, Amgen Inc, Bristol-Myers Squibb Company, Celgene Corporation, Janssen Biotech Inc, Takeda Oncology
Contracted Research	Amgen Inc, Celgene Corporation, Janssen Biotech Inc, Sanofi Genzyme
Data and Safety Monitoring Board	Amgen Inc, Celgene Corporation, Karyopharm Therapeutics, Oncopeptides

Case presentation: Dr Johl

59-year-old man

- Presented with knee pain
- Found to have advanced lytic lesions involving proximal tibia and significant anemia, leukopenia and gammopathy
- Bone marrow biopsy: IgG kappa MM
- Radiation therapy to the tibia → RVD → transplant → lenalidomide 10 mg/d (subsequently dose reduced to 5 mg every other day due to neutropenia)
- Now with slowly rising M-spike



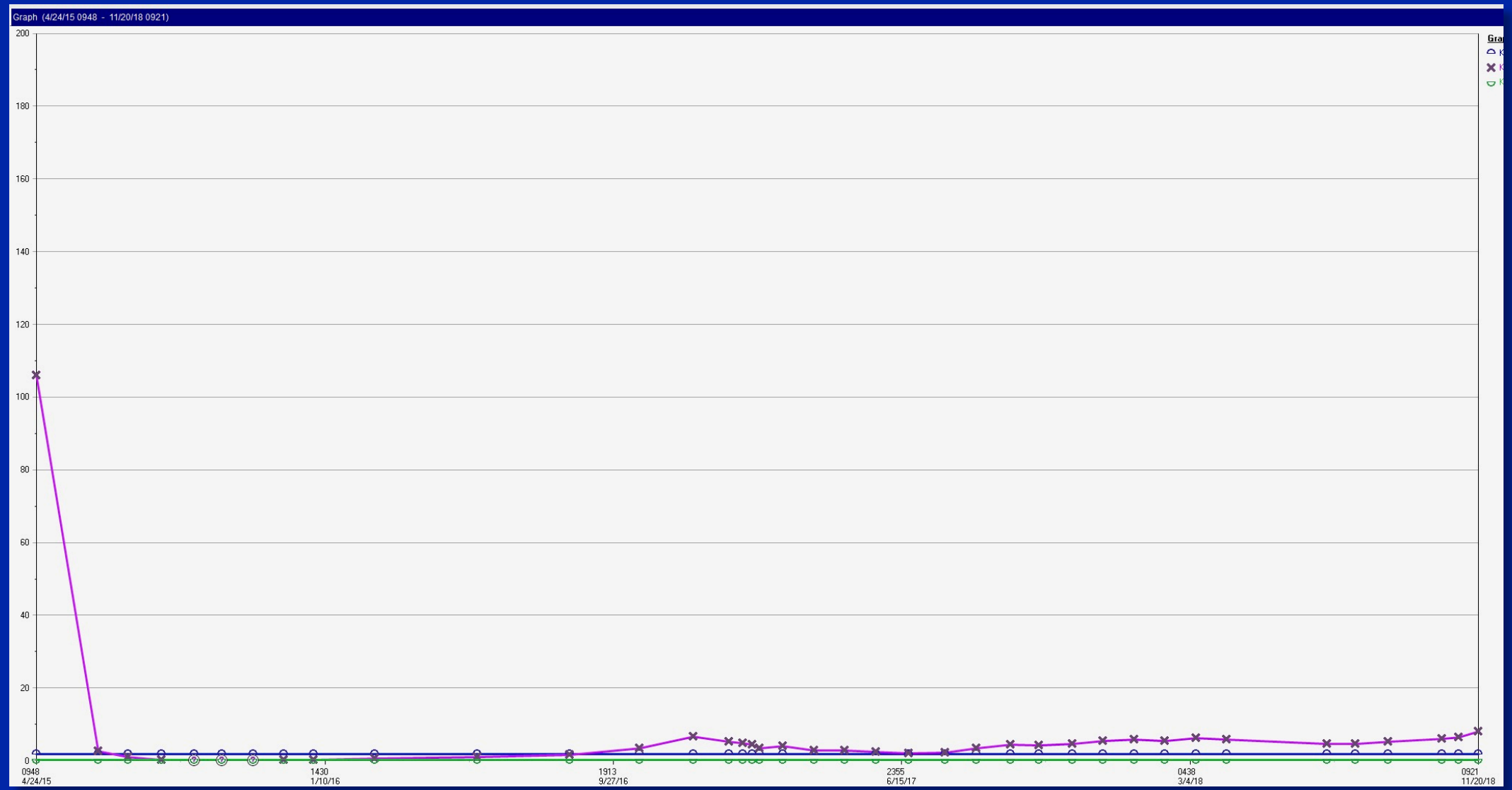
Case presentation: Dr Rupard

76-year-old woman

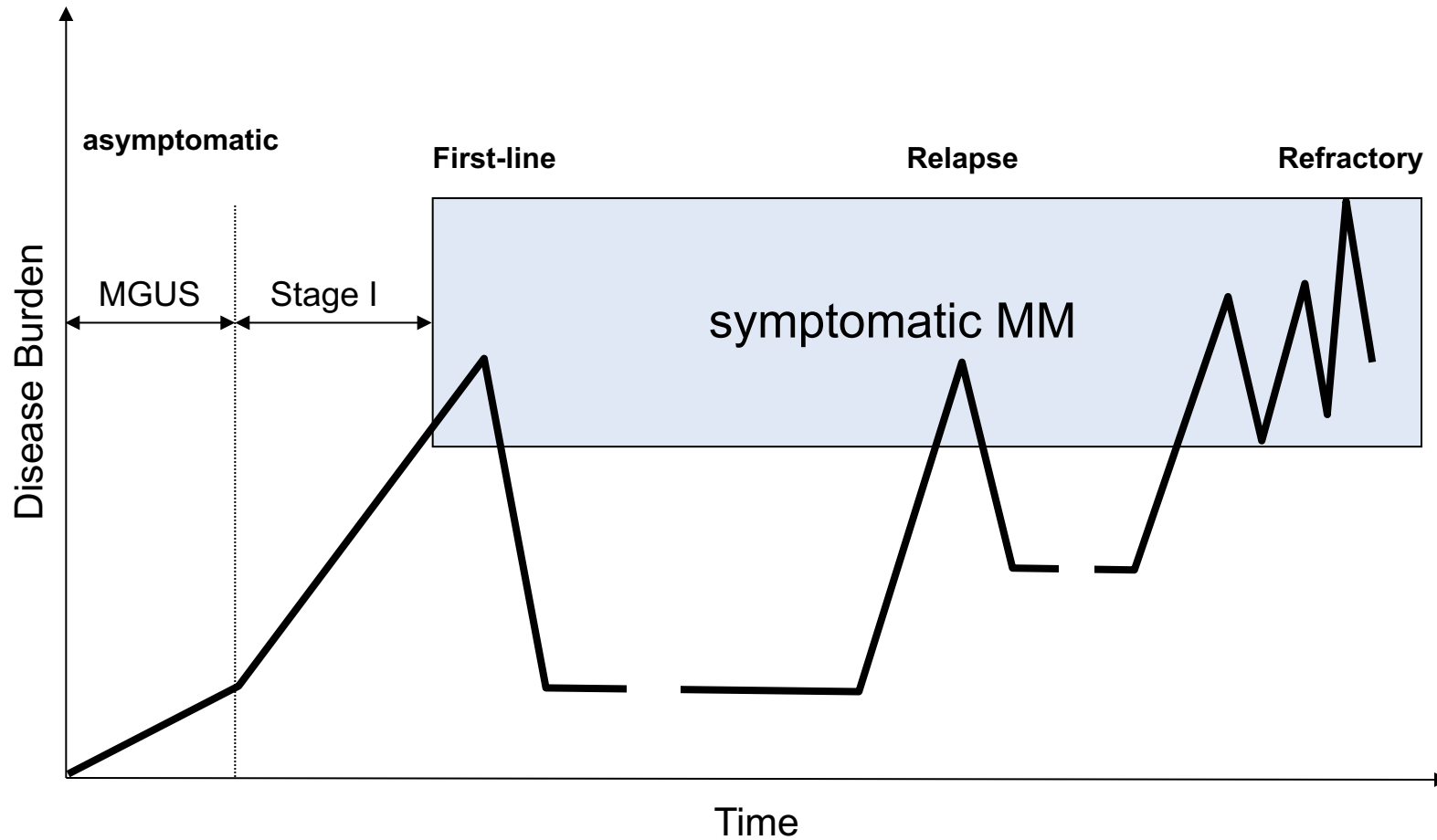
- IgG kappa MM: Received KRd on E1A11 (ENDURANCE) clinical trial
- Initial serum free light chains 106 mg/L dropped to 1 mg/L after one cycle of induction treatment



Case presentation: Dr Rupard (Continued)

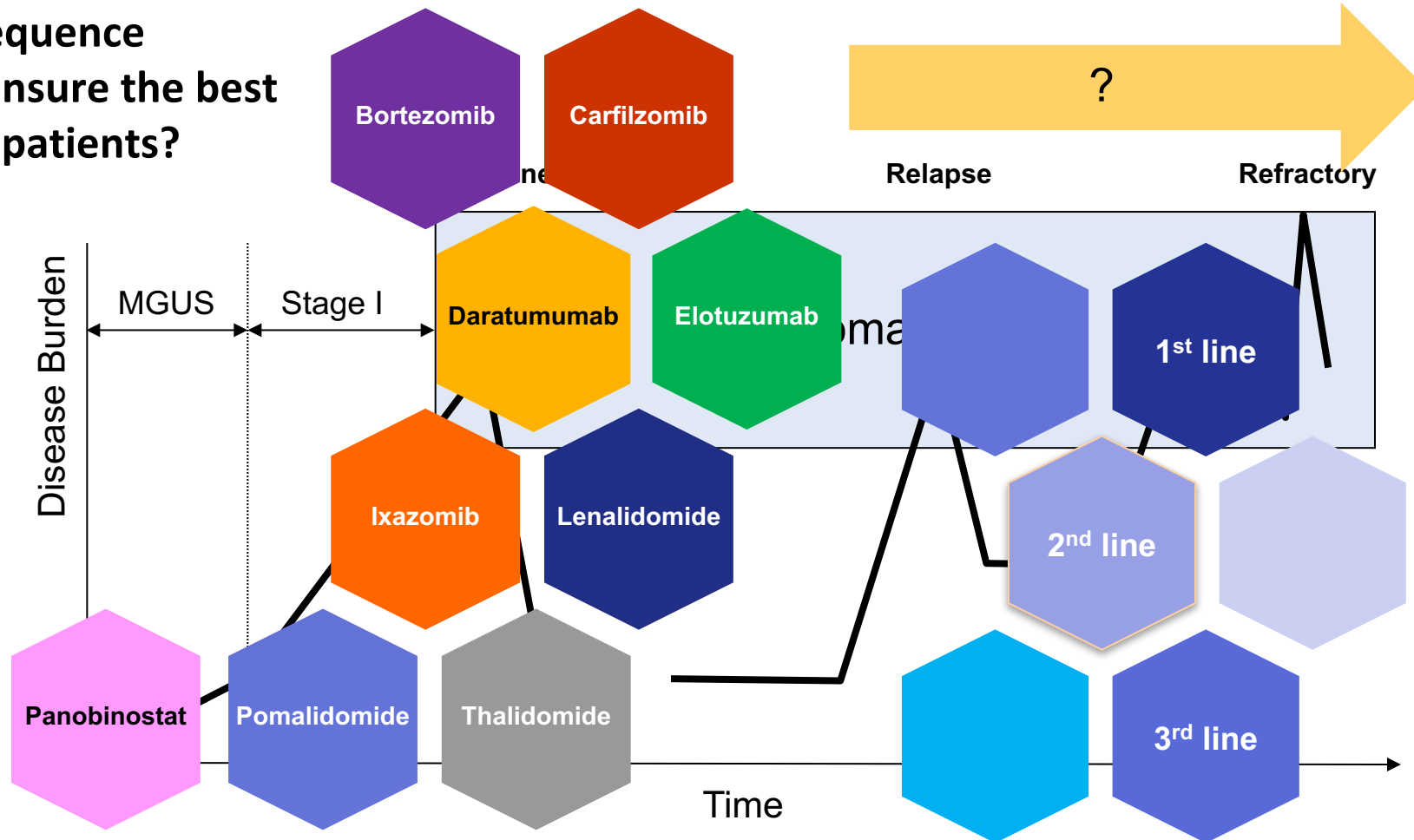


Multiple myeloma – Not a sprint but a marathon



Multiple myeloma – Not a sprint but a marathon

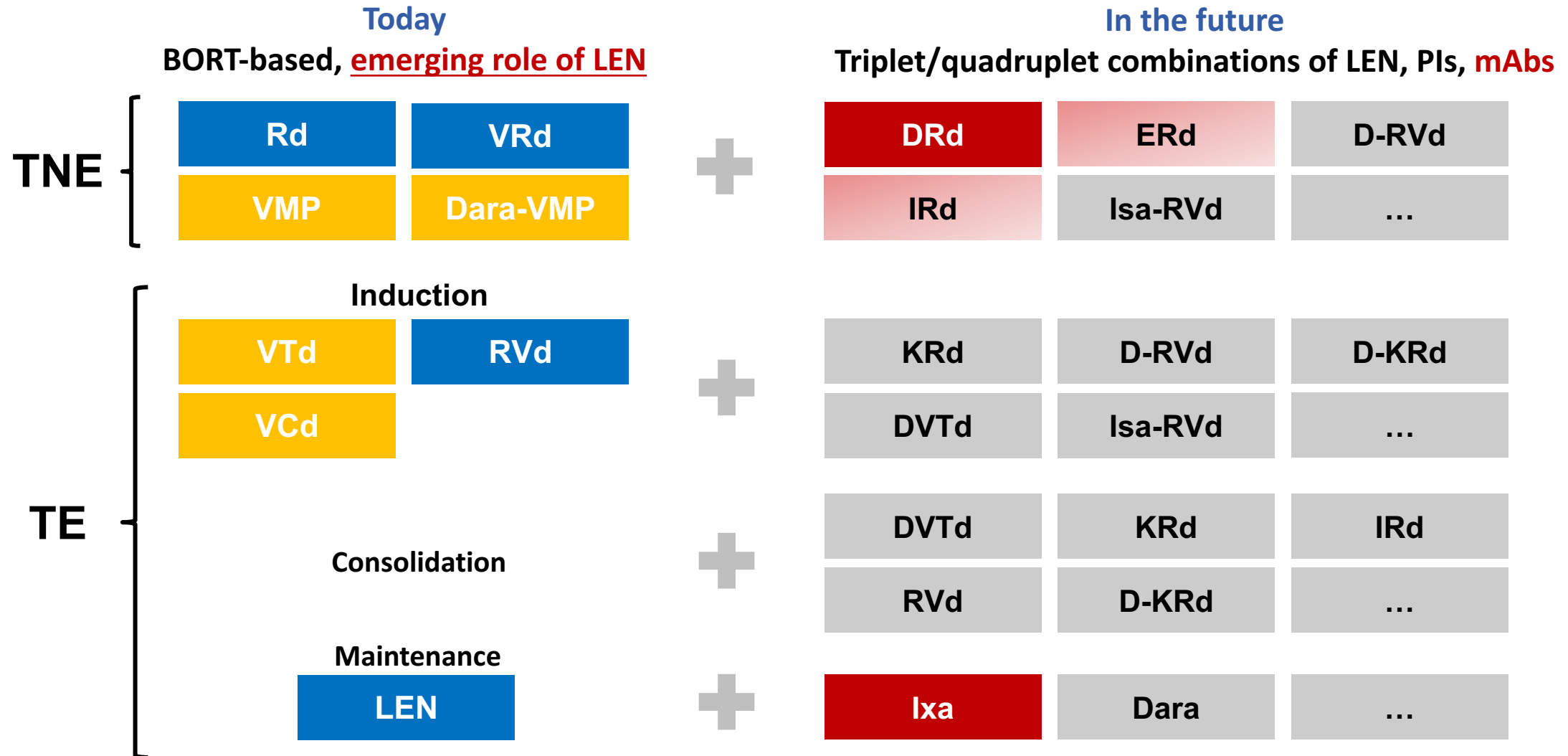
How do we sequence therapies to ensure the best outcomes for patients?



Options in RRMM: NCCN Guidelines 2018 (USA)

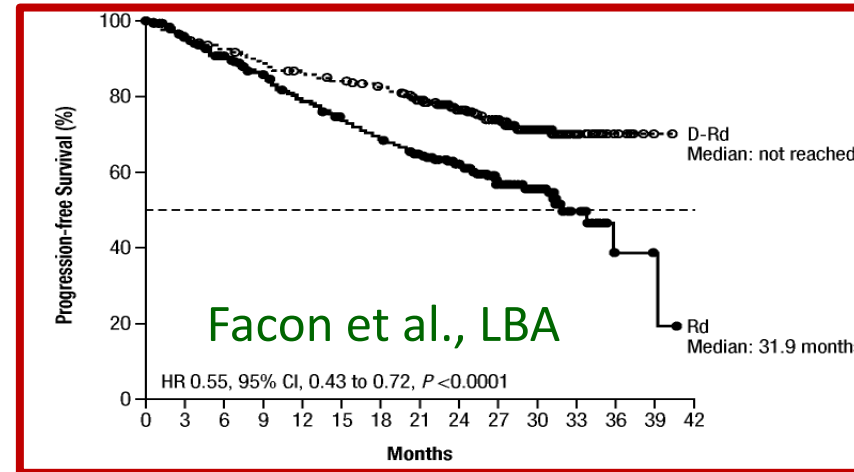
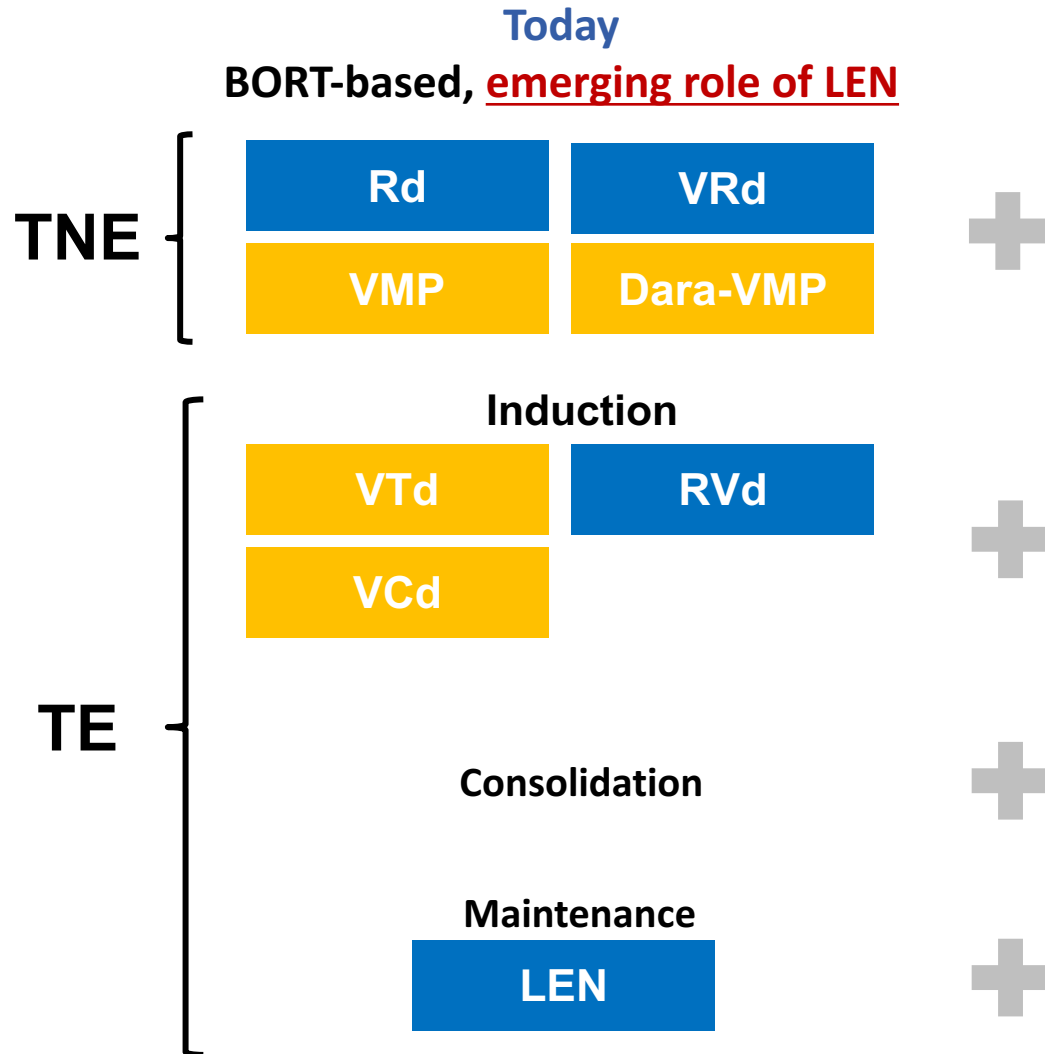
Preferred	Repeat primary induction therapy (if relapse >6 months) (2A)			
	RVD (2A)	Dara VD (1)	Ixa RD (1)	
	KD (1)	Dara RD (1)		
	KRD (1)	Elo RD (1)		
Recommended	Benda VD (2A)	RCD (2A)	RD (1)	Pom CD (2A)
	Benda RD (2A)	VD (1)	Pano VD (1)	Pom D (1)
	Liposomal Doxo VD (1)	Dara (2A)	Pano KD (2A)	Pom VD (2A)
	VCD (2A)	Dara Pom D (2A)	Pano RD (2A)	Pom KD (2A)
	KCD (2A)	Elo VD (2A)	Ixa Pom D	
	KD (2A)	Ixa D (2A)	(2A)	
Useful	Benda	DT-PACE +/- V (VTD-PACE)		
	DCEP	High-dose cyclophosphamide		

Treatment landscape in front-line therapy of NDMM is evolving



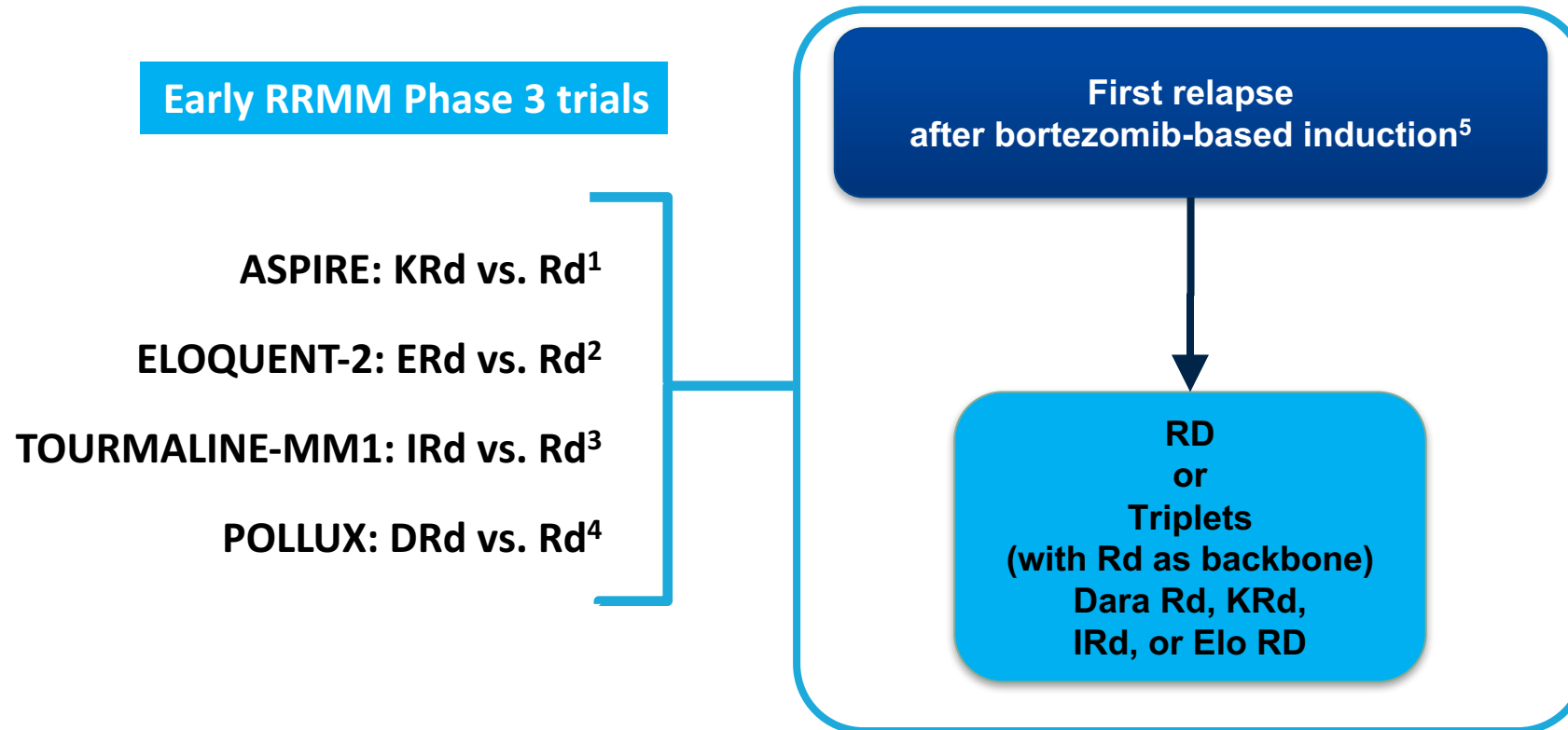
BORT, bortezomib; LEN, lenalidomide; mAb, monoclonal antibody; PI, proteasome inhibitor; TE, transplant eligible; TNE, transplant non-eligible.

Treatment landscape in front-line therapy of NDMM is evolving



KRd	D-RVd	D-KRd
DVTd	Isa-RVd	...
DVTd	KRd	IRd
RVd	D-KRd	...
Ixa	Dara	...

ESMO treatment guidelines for RRMM patients after BORT-based induction



¹ Stewart AK et al. *N Engl J Med* 2015;372(2):142-52; Dimopoulos M et al. *J Hematol Oncol* 2018;11(1):49; Siegel DS et al. *J Clin Oncol* 2018;36(8):728-34.

² Lonial S et al. *N Engl J Med* 2015;373(7):621-31; Dimopoulos MA et al. *Cancer* 2018;124(20):4032-43.

³ Moreau P et al. *N Engl J Med* 2016;374(17):1621-34.

⁴ Dimopoulos MA et al. *Haematologica* 2018;[Epub ahead of print]; Dimopoulos MA et al. *N Engl J Med* 2016;375(14):1319-31.

Clinical phase 3 trials with Rd Backbone treatment

Clinical Trial	ORR (CR)		PFS (mo)		OS (mo)	
	Triplet	Rd	Triplet	Rd	Triplet	Rd
ASPIRE: KRd vs. Rd	KRd 87.1% (31.8%)	66.7% (9.3%)	KRd 26.3	17.6	KRd 48.3	40.4
ELOQUENT-2: ERd vs. Rd	ERd 79.0% (4.0%)	66.0% (7.0%)	ERd 19.4	14.9	ERd 48.0 (HR 0.78)	40.0
TOURMALINE-MM1: IRd vs. Rd	IRd 92.9% (12.0%)	76.4% (7.0%)	IRd 20.6	14.7	IRd NR	NR
POLLUX-MMY3008: DRd vs. Rd	DRd 92.9% (43.1%)	76.4% (19.2%)	DRd NR	17.5	DRd 92.1 % 1y	86.8% 1y

Stewart AK, et al. *N Engl J Med* 2015;372:142–152; Siegel DS, et al. *J Clin Oncol.* 2018; 36:728-734; . Lonial S, et al. *N Engl J Med* 2015;373:621-31; 2. Dimopoulos MA, et al. *Cancer.* 2018; 124:4032-4043. Moreau P, et al. *N Engl J Med* 2016;374:1621–1634. Dimopoulos MA, et al. *N Engl J Med* 2016;375:1319–1331, Dimopoulos MA, et al. *Haematologica* 2018.

ESMO treatment guidelines for RRMM patients after IMiD-based induction

**First relapse
after IMiD-based induction**

**Doublets
Kd or Vd**

**Triplets based on
bortezomib
Dara VD, Pano VD,
Elo VD, Kcd or VCD**

Early RRMM Phase 3 trials

ENDEAVOR: Kd vs. Vd¹

CASTOR: DVd vs. Vd²

PANORAMA-1: Pano Vd vs. Vd³

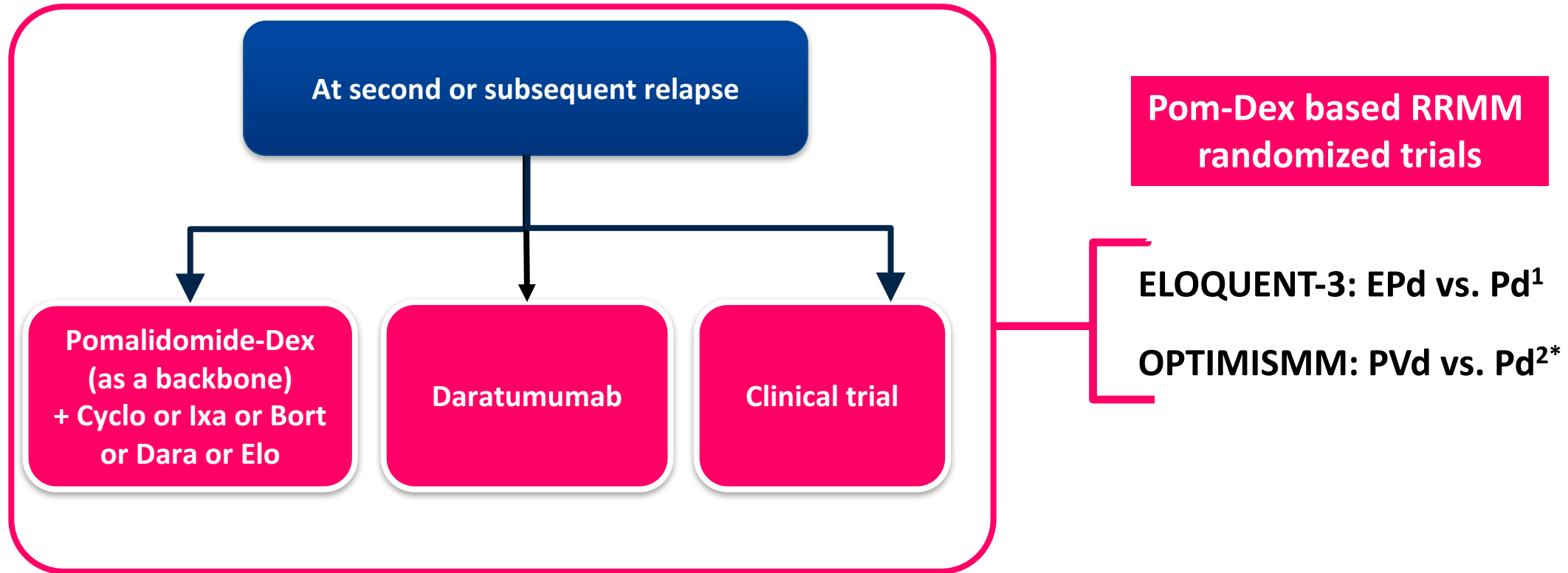
1. Dimopoulos MA, et al. *Lancet Oncol* 2016 ;17:27–38;

2. Palumbo A, et al. *N Engl J Med* 2016;375:754–766; 3. San-Miguel JF, et al. *Lancet Oncol* 2014;15:1195–2067.

Proteasome inhibitor based clinical phase 3 trials

Clinical Trial	ORR (CR)		PFS (mo)		OS (mo)	
	Novel Doublet/Triplet	Vd	Novel Doublet/Triplet	Vd	Novel Doublet/Triplet	Vd
ENDEAVOR: Kd vs. Vd	Kd 77.0% (13.0%)	63.0% (6.0%)	Kd 17.6	9.4	Kd* 47.6	40.0
CASTOR: DVd vs. Vd	DVd 82.9% (19.2%)	63.2% (9.0%)	DVd 16.7	7.1	DVd NR	NR
PANORAMA-1: PanoVd vs. Vd	PanoVd 60.7% (11.0%)	54.6% (6.0%)	PanoVd 12.0	8.1	PanoVd 40.3	35.8

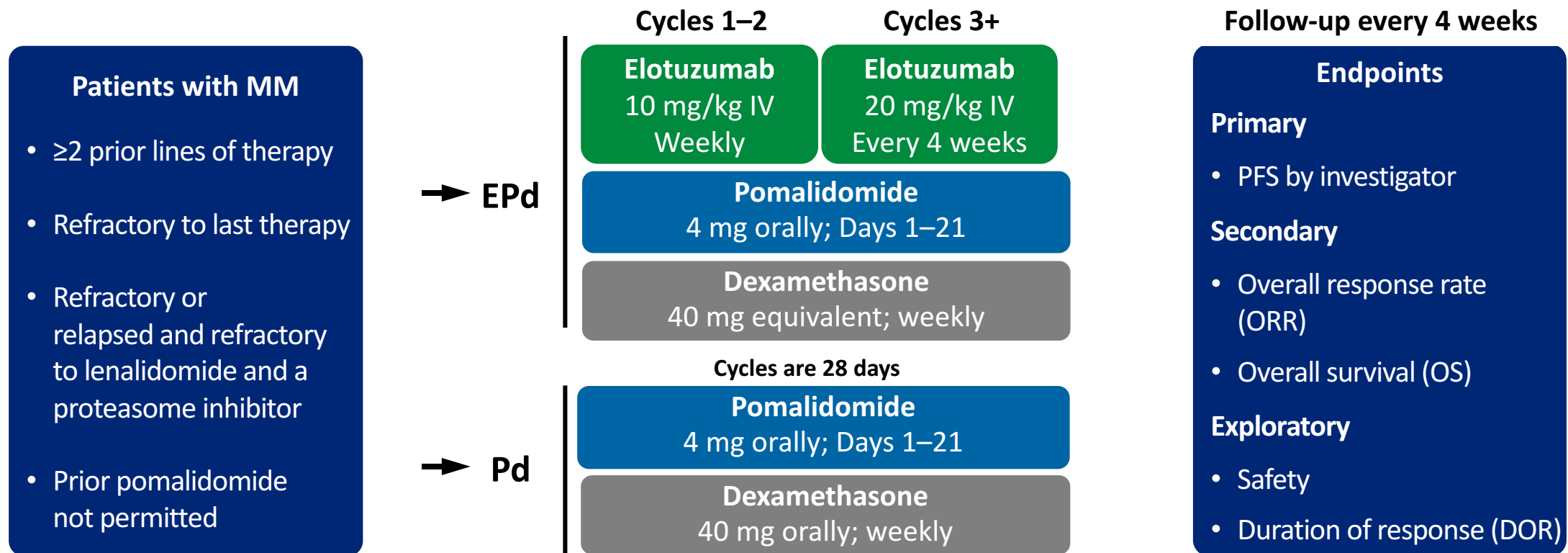
ESMO treatment guidelines for RRMM patients at second or subsequent relapse



*1.-3. relapse

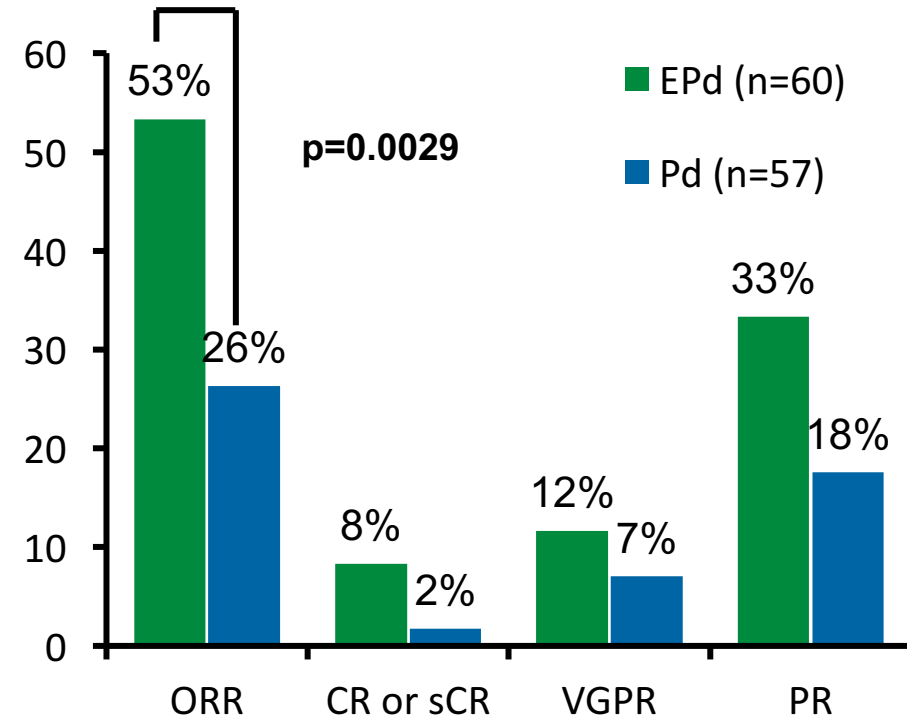
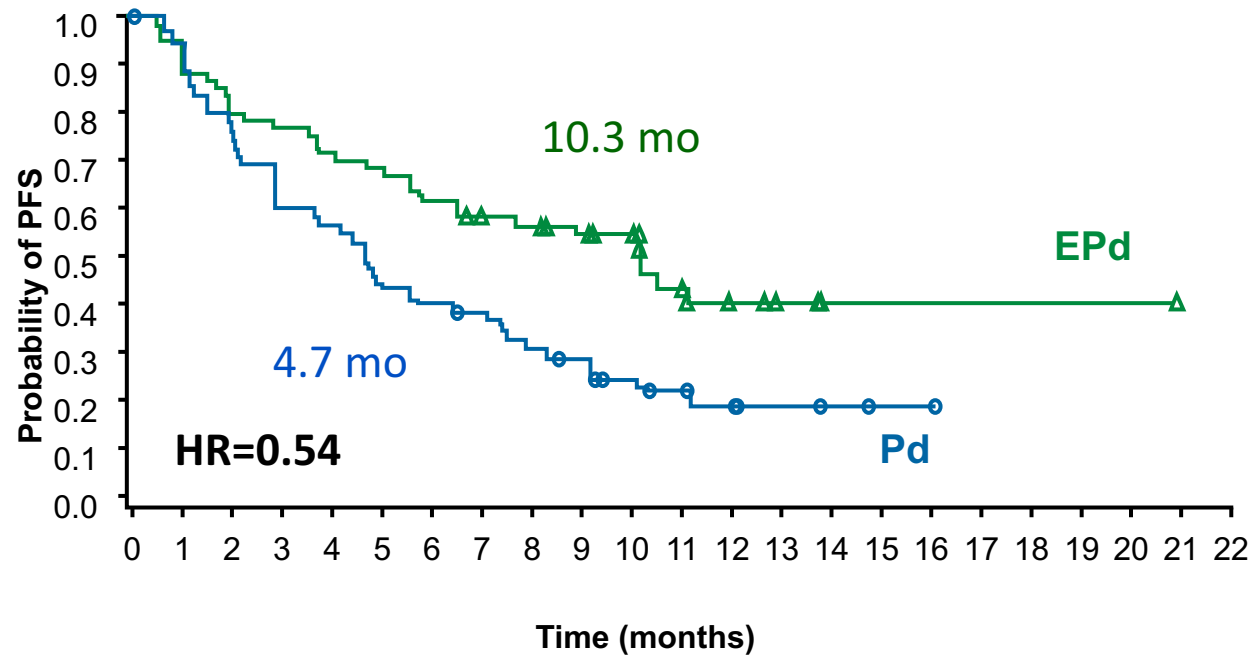
ELOQUENT-3 Study Design

An international, open-label, randomized, phase 2 trial (NCT02654132); n= 105 patients



Characteristic	EPd (n=60)	Pd (n=57)
Prior lines of therapy, median (range)	3 (2–8)	3 (2–8)
Refractory to lenalidomide, n (%)	54 (90)	48 (84)
Refractory to a proteasome inhibitor, n (%)	47 (78)	47 (82)
Refractory to lenalidomide and a proteasome inhibitor, n (%)	41 (68)	41 (72)

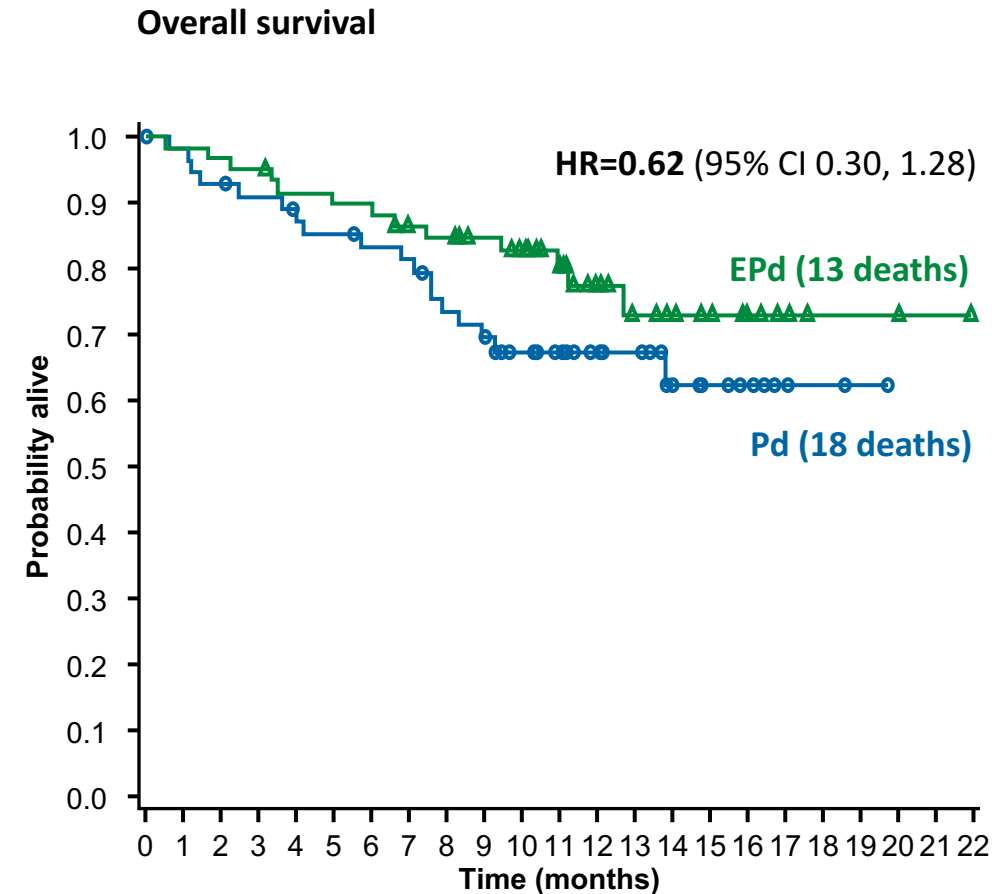
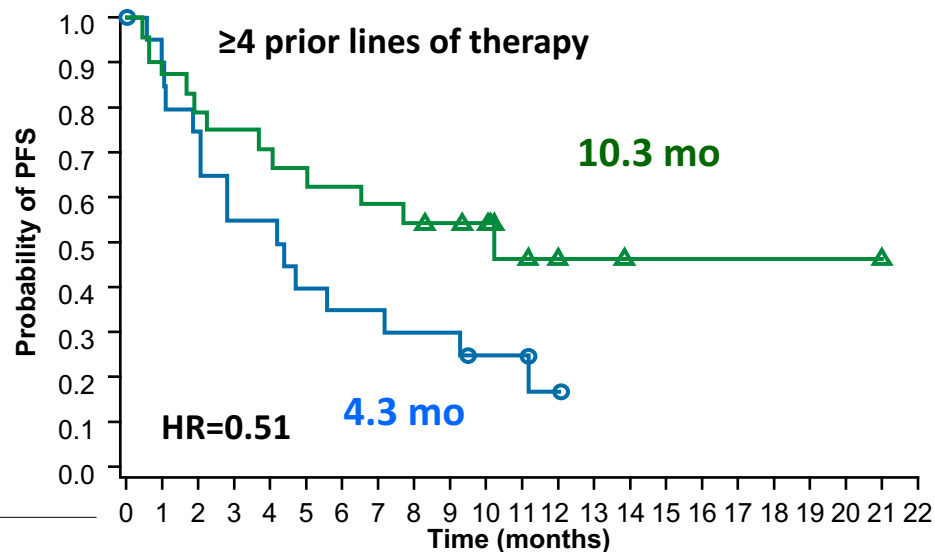
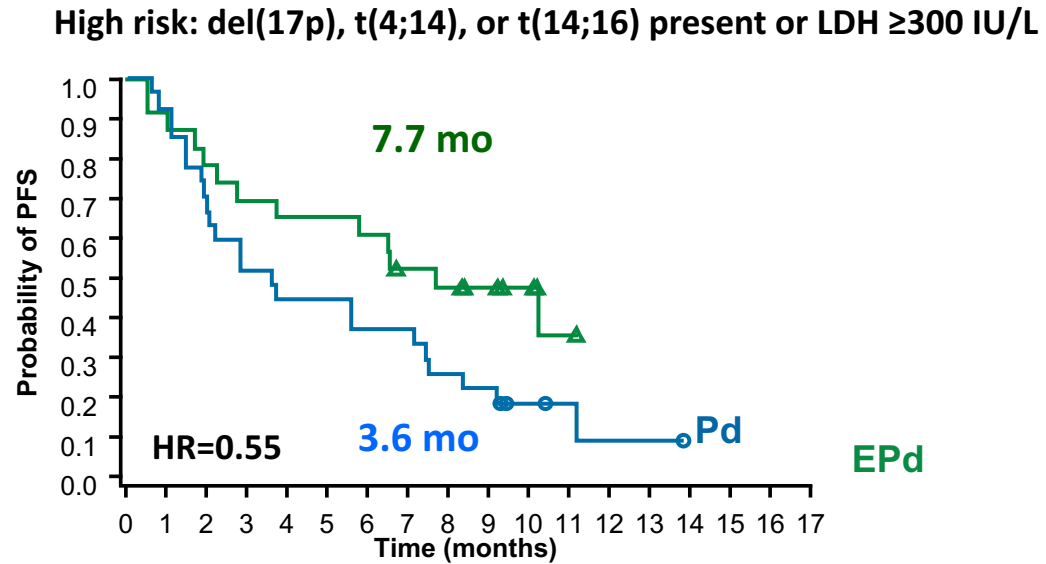
ELOQUENT-3: Progression-Free Survival and Response



- 46% reduction in the risk of progression or death with EPd
- Median PFS was more than twice as long with EPd vs Pd

Progression-Free Survival: High Risk, ≥ 4 prior lines of therapy

Overall Survival

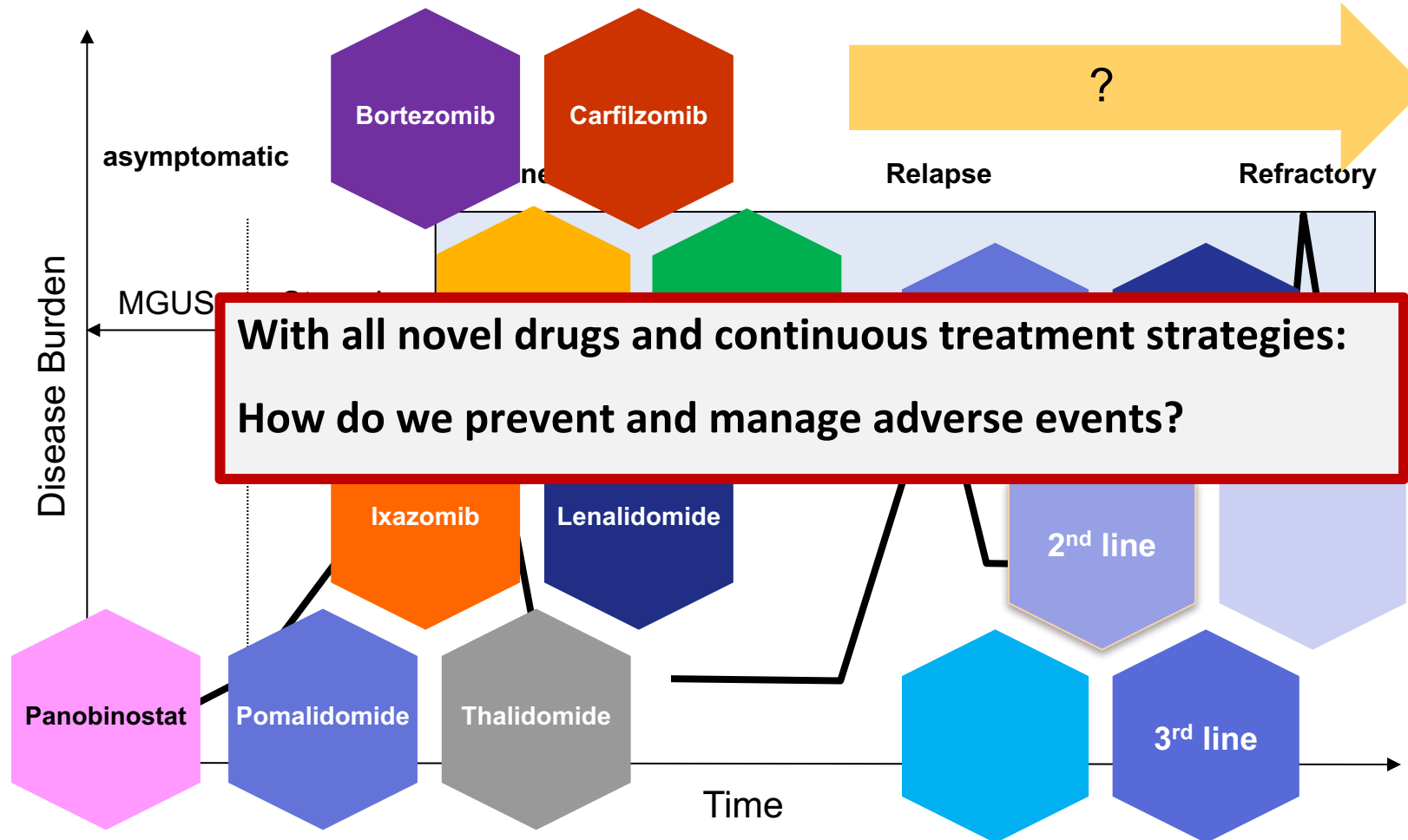


ELOQUENT-3: All-Cause Hematologic and Special Interest Adverse Events

	EPd (n=60)			Pd (n=55)		
Exposure adjustment	No		PY=47.7	No		PY=34.3
AEs, n (%) ^a	Any grade	Grade 3–4	Events/100 PY	Any grade	Grade 3–4	Events/100 PY
Hematologic AEs^b	31 (52)	23 (38)	178	30 (55)	23 (42)	224
Anemia	15 (25)	6 (10)	46	20 (36)	11 (20)	85
Neutropenia	14 (23)	8 (13)	52	17 (31)	15 (27)	73
Thrombocytopenia	9 (15)	5 (8)	23	10 (18)	3 (5)	35
Lymphopenia	6 (10)	5 (8)	21	1 (2)	1 (2)	3
Special interest AEs						
Infections	39 (65)	8 (13)	182	36 (65)	12 (22)	230
Vascular disorders	8 (13)	2 (3)	NR	5 (9)	0	NR
Cardiac disorders	7 (12)	4 (7)	17	6 (11)	2 (4)	17
Neoplasms ^c	1 (2)	1 (2)	2	12 (22)	6 (11)	38
Second primary malignancy	0	0	NR	1 (2)	1 (2)	NR

^aIncludes AEs reported between first dose and 60 days after last dose of study therapy; ^bIncludes hematologic AEs in ≥10% of patients; ^cIncludes malignant, benign, and unspecified neoplasms
NR, not reported

Multiple myeloma – Not a sprint but a marathon



Side effect management of novel therapeutics – Immunomodulatory Agents

Lenalidomide

Pomalidomide

Thromboembolic events

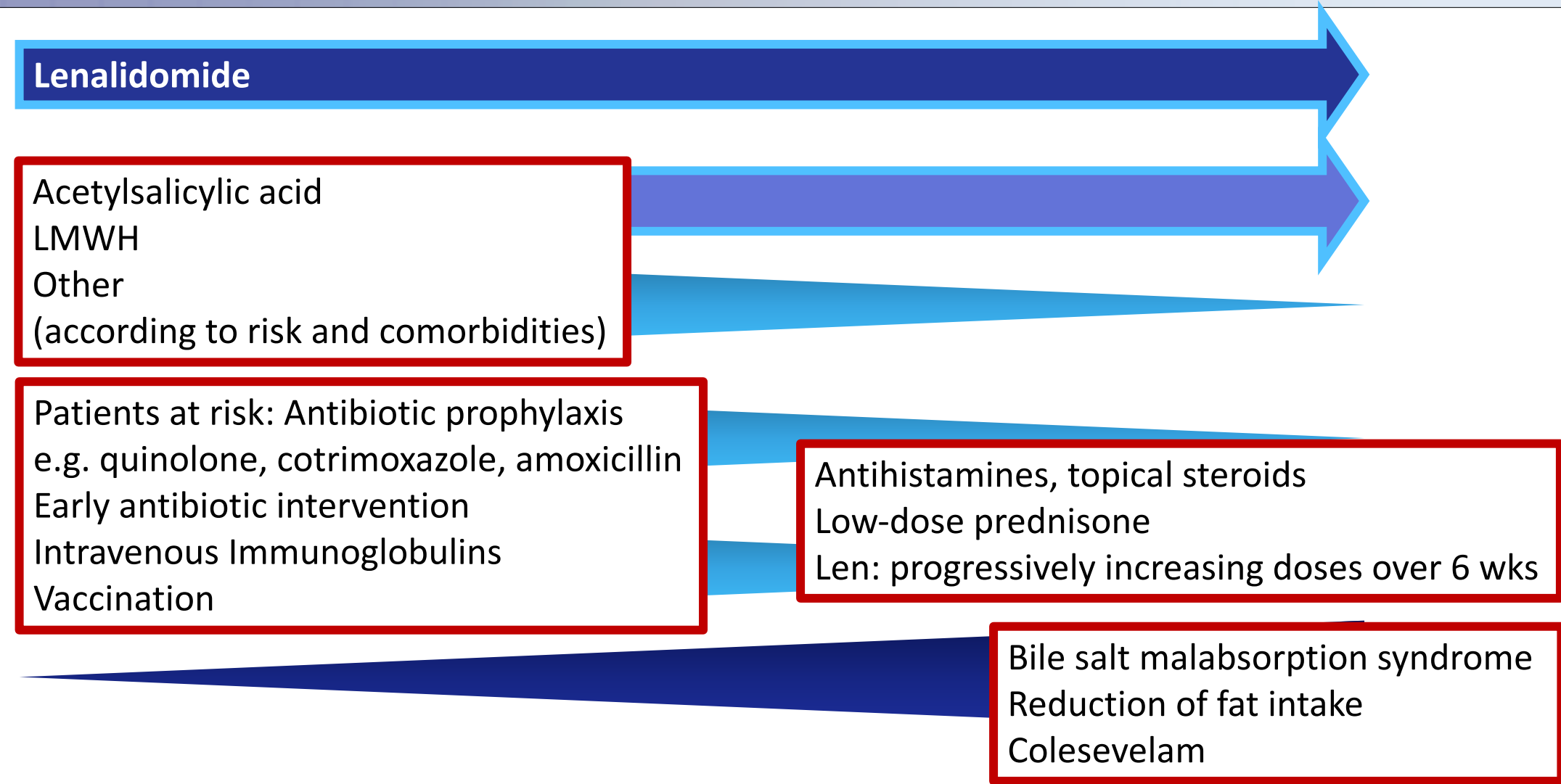
Infections

Skin reactions

Diarrhea

Side effect management of novel therapeutics – Immunomodulatory Agents

Lenalidomide



Acetylsalicylic acid
LMWH
Other
(according to risk and comorbidities)

Patients at risk: Antibiotic prophylaxis
e.g. quinolone, cotrimoxazole, amoxicillin
Early antibiotic intervention
Intravenous Immunoglobulins
Vaccination

Antihistamines, topical steroids
Low-dose prednisone
Len: progressively increasing doses over 6 wks

Bile salt malabsorption syndrome
Reduction of fat intake
Colesevelam

Side effect management of novel therapeutics – Proteasome Inhibitors

Bortezomib

Carfilzomib

Ixazomib

VZV-Reactivation

Peripheral neuropathy*

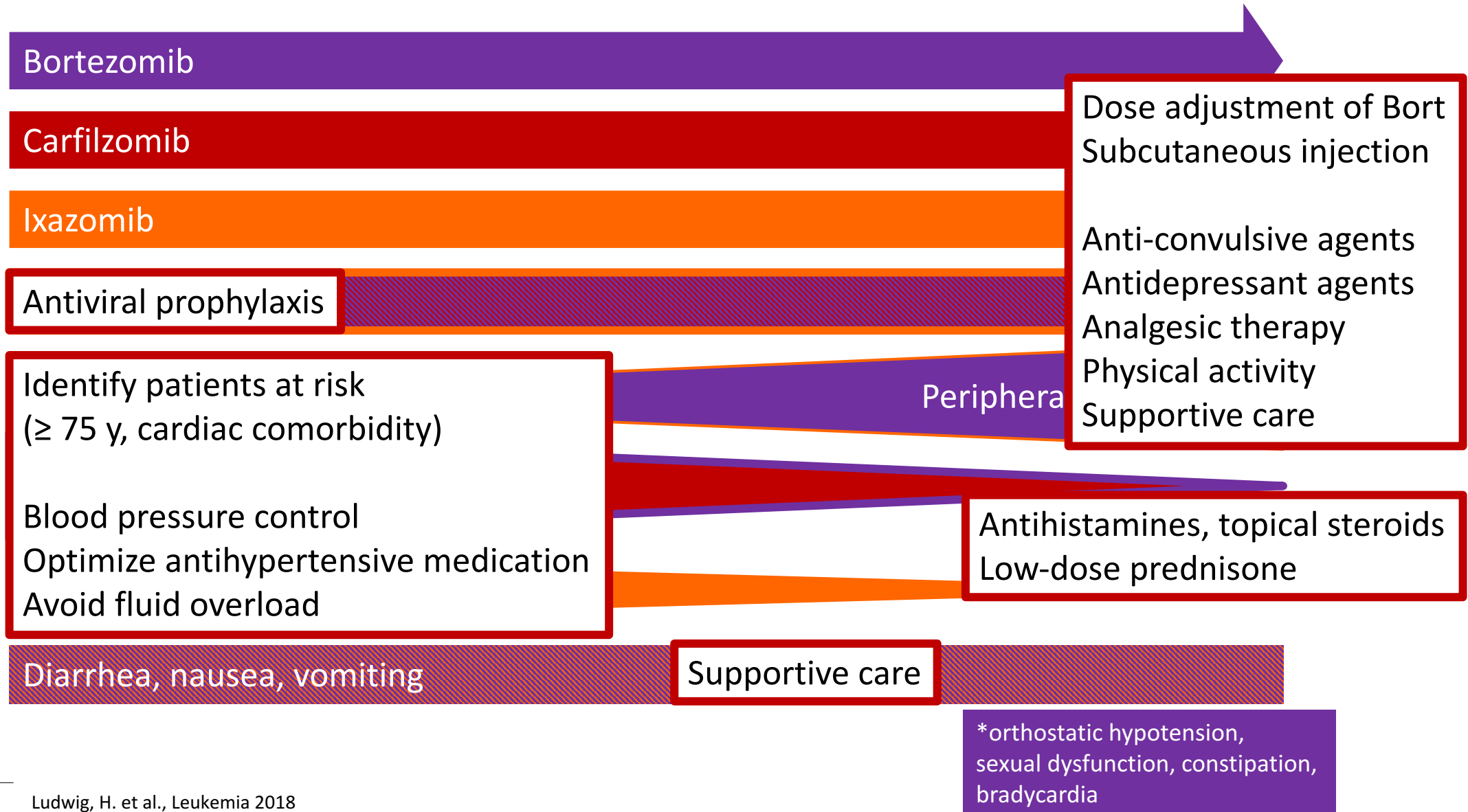
Cardiac toxicity

Skin reaction

Diarrhea, nausea, vomiting

*orthostatic hypotension,
sexual dysfunction, constipation,
bradycardia

Side effect management of novel therapeutics – Proteasome Inhibitors



Side effect management of novel therapeutics – monoclonal Antibodies

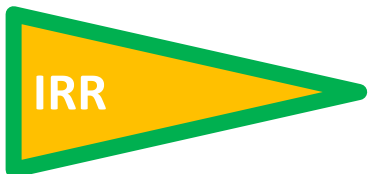
Elotuzumab



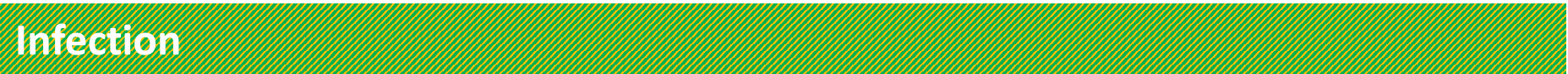
Daratumumab



IRR



Infection



Side effect management of novel therapeutics – monoclonal Antibodies



Summary and Future Directions

- RRMM remains an area of primary challenge in improving patient outcome
- Treatment sequence requires consideration of pretreatment, but also of patient individual variables
- Rd should if possible be extended to a triplet, Vd is not anymore standard for treatment of relapsed disease and should be extended or replaced
- With the emerging use of Lenalidomide in first-line treatment, Pomalidomide + Dexamethasone based treatments are gaining importance
- The recently FDA approved triplet of Elotuzumab, Pomalidomide and Dexamethasone demonstrates significant and clinically meaningful efficacy
- With the emerging treatment options and long-term and continuous treatment of patients with myeloma, prevention and management of adverse events is crucial