

Consolidation and Maintenance Therapy; Emerging Role of Minimal Residual Disease (MRD)

Nikhil C. Munshi, MD

Professor of Medicine
Harvard Medical School
Director, Basic and Correlative Sciences
Jerome Lipper Myeloma Center
Dana-Farber Cancer Institute
Boston VA Healthcare System



Disclosures

Consulting Agreements	AbbVie Inc, Adaptive Biotechnologies, Amgen Inc, BeiGene, Celgene Corporation, Janssen Biotech Inc, Karyopharm Therapeutics, OncoPep, Takeda Oncology
Ownership Interest	OncoPep

Case Presentation: Dr Brenner

51-year-old man

- Presents with severe back pain, fevers, night sweats, hepatomegaly
- Diagnosis: R-ISS Stage III IgG-lambda myeloma, with 14;16 translocation, hyperdiploid



Case Presentation: Dr Lamar

77-year-old woman

- Transferred from another hospital due to renal failure (Cr: 5)
- Diagnosis: IgM multiple myeloma
- CyBorD



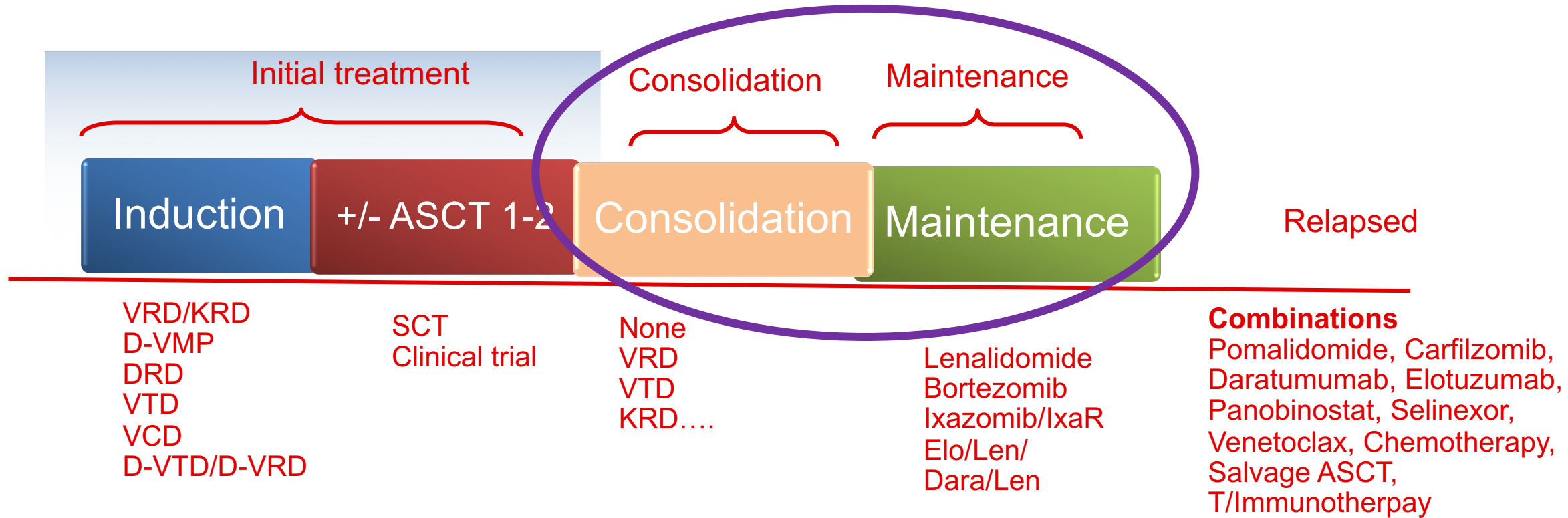
Case Presentation: Dr Morganstein

82-year-old man

- Presents with elevated creatinine
- Diagnosis: Multiple myeloma (M-spike: 3, 60% plasma cells)
- CyBorD, with excellent response but limited travel → ixazomib/dexamethasone



Treatment Algorithm for Newly-Diagnosed Myeloma

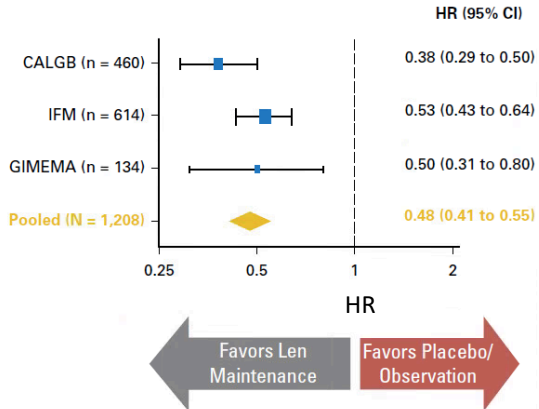
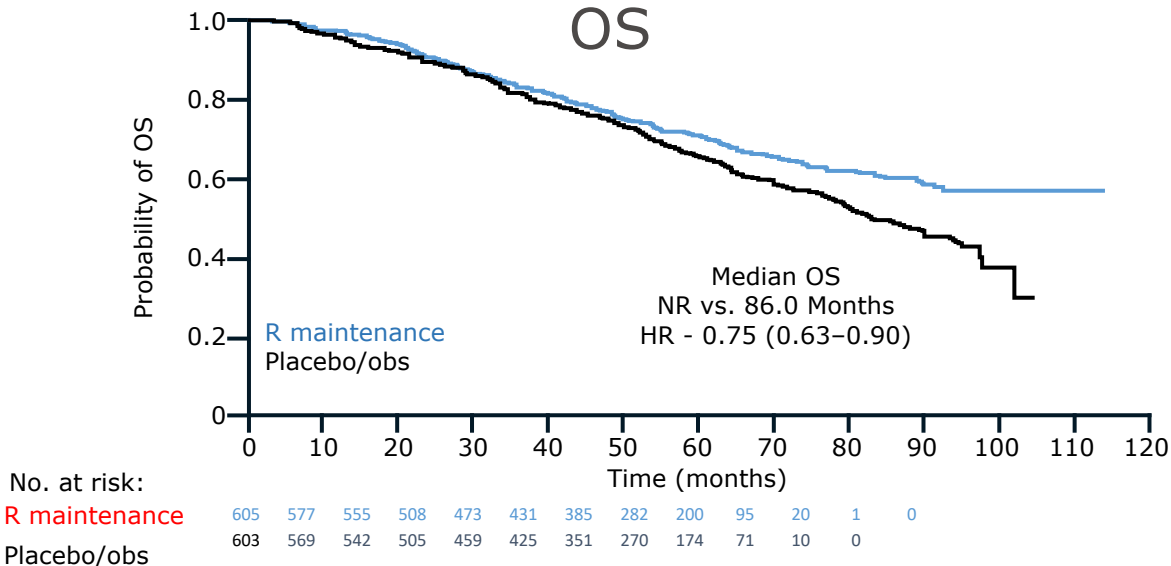
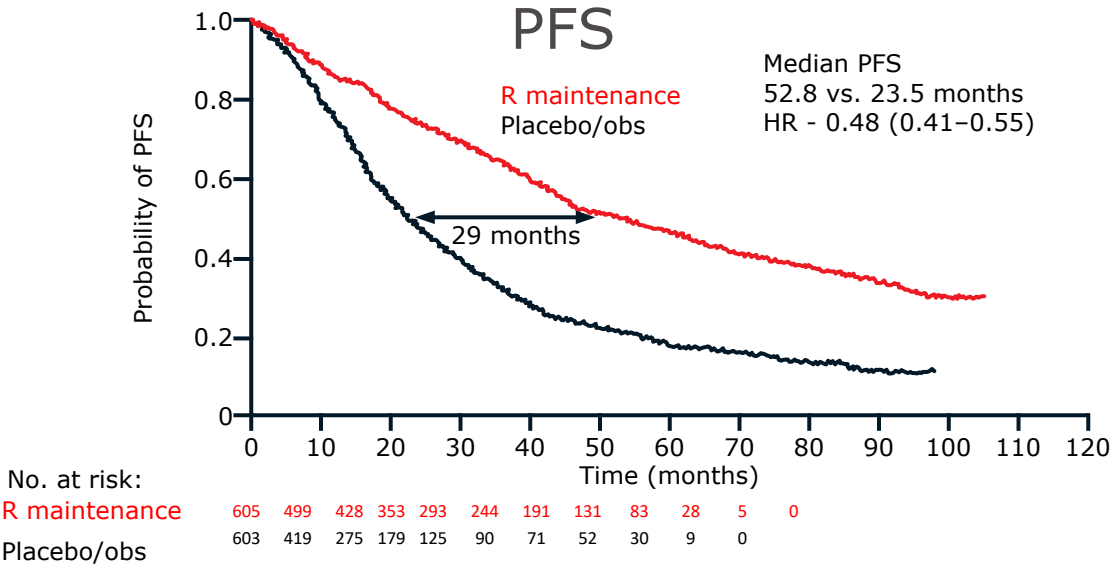


Role of Consolidation/Maintenance

- Deepening of response
- Prevent recurrence (maintain remission)

Meta-analysis: Lenalidomide Maintenance Delays Disease Progression and Improved OS in post-ASCT NDMM

3 Phase III trials of R maintenance in NDMM patients after ASCT: GIMEMA RV-MM-PI-209, CALGB 100104, and IFM-2005-02



1. McCarthy PL, et al. *J Clin Oncol* 2017;35:3279-3289; 2. Palumbo A, et al. *N Engl J Med* 2014;371:895-905; 3. McCarthy PL, et al. *N Engl J Med* 2012;366:1770-1781; 4. Attal M, et al. *N Engl J Med* 2012;366:1782-1791.

Important Considerations for Maintenance Therapy

In addition to demonstrated efficacy, extended therapy should preferably include:

**Tolerability/
Manageable
Toxicity**

**No
cumulative
toxicity**

**Convenient
administration**

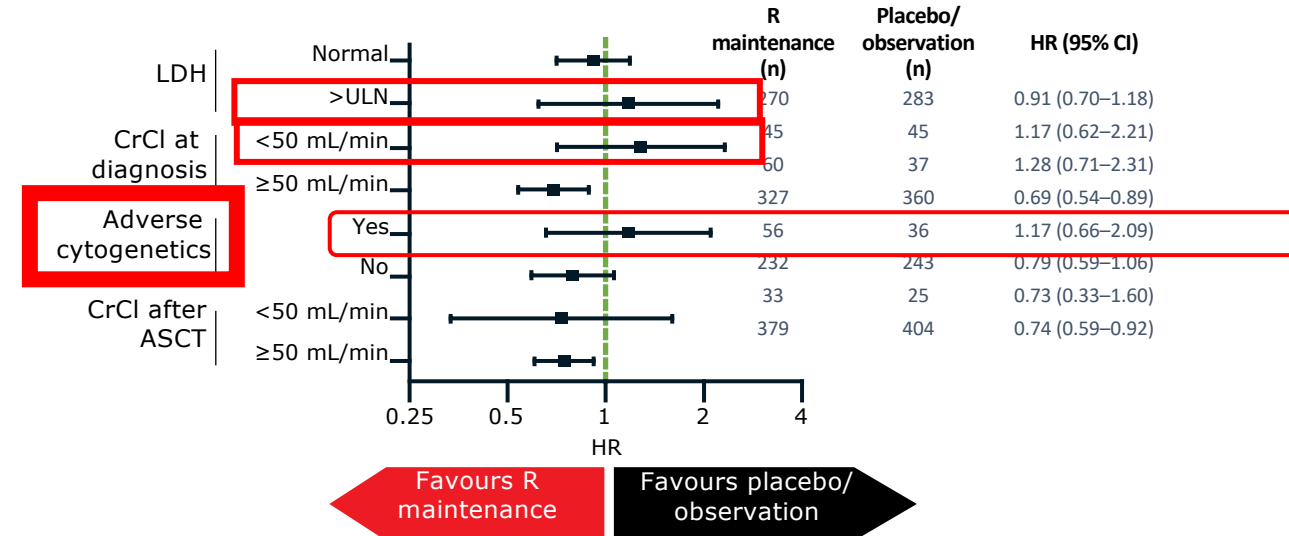
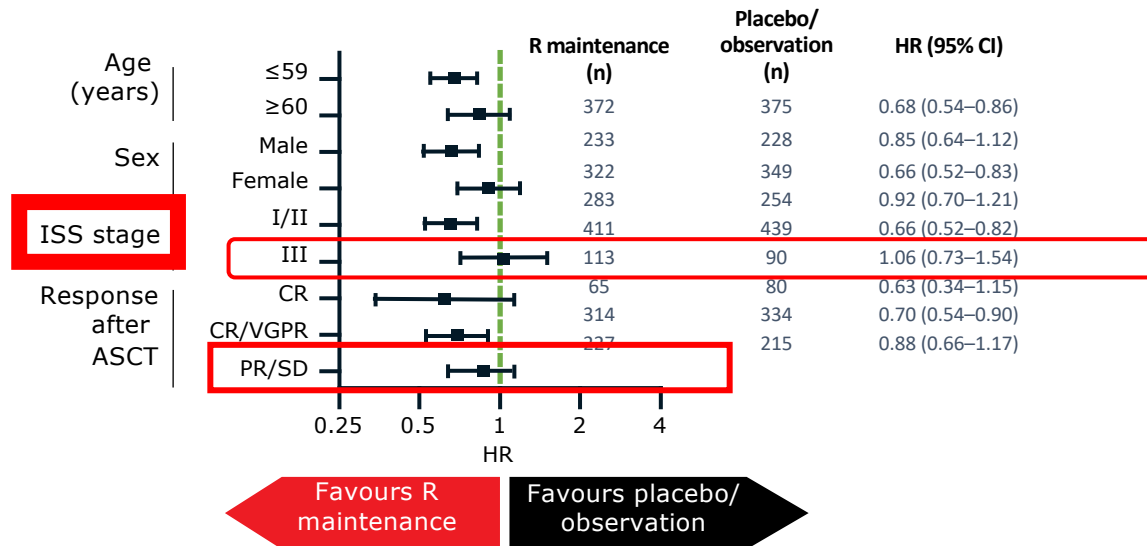
**Minimal
impact on
QoL**

**No emergence
of treatment-
resistant clones**

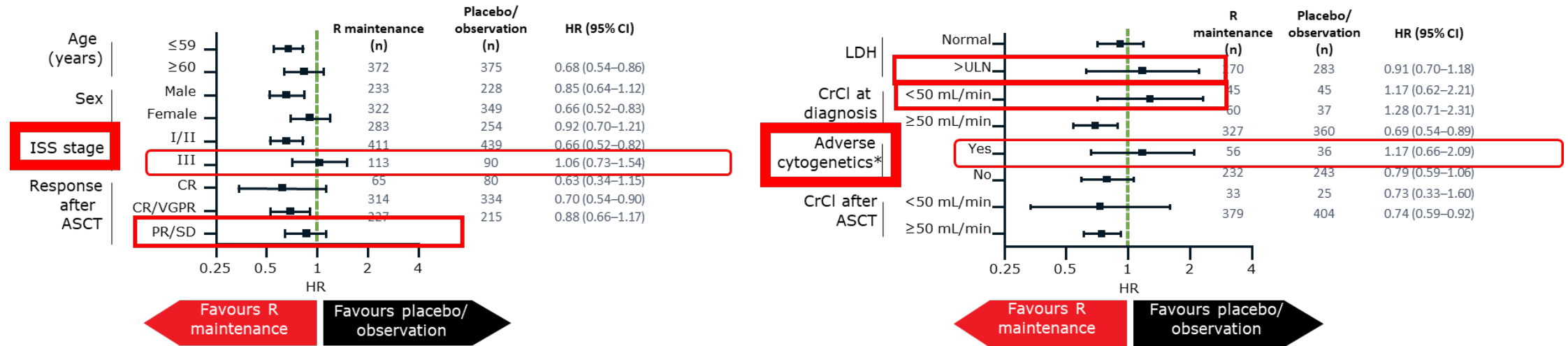
**Efficacy
across
subgroups**

Meta-analysis: Limited OS Benefit with Lenalidomide Maintenance in High-risk Subgroups

HR for OS by patient subgroup



Consideration of Augmented Maintenance regimen



- High-risk Myeloma – t(4;14); del17p; t(14;16) and may be amp1q
- High LDH disease
- Patients with Renal failure
- Inadequate response to Induction and/or post-ASCT

Lenalidomide Maintenance: Toxicity and Quality of Life

Table 3. Discontinuations as a Result of TEAEs (safety population)

TEAE	No. of Patients (%)					
	CALGB		IFM*		Pooled	
	Len Maintenance (n = 224)	Placebo (n = 221)	Len Maintenance (n = 306)	Placebo (n = 302)	Len Maintenance (n = 530)†	Placebo (n = 523)‡
≥ 1 TEAE leading to discontinuation	63 (28.1)	19 (8.6)	91 (29.7)	45 (14.9)	154 (29.1)	64 (12.2)
TEAEs leading to discontinuation (≥ 1% of all patients)‡						
Blood and lymphatic system disorder	11 (4.9)	4 (1.8)	12 (3.9)	7 (2.3)	23 (4.3)	11 (2.1)
Neutropenia	5 (2.2)	0	7 (2.3)	1 (0.3)	12 (2.3)	1 (0.2)
Thrombocytopenia	6 (2.7)	1 (0.5)	3 (1.0)	5 (1.7)	9 (1.7)	6 (1.1)
General disorders and administration site conditions	12 (5.4)	5 (2.3)	13 (4.2)	3 (1.0)	25 (4.7)	8 (1.5)
Adverse event not specified	10 (4.5)	4 (1.8)	0	0	10 (1.9)	4 (0.8)
Neoplasms: benign, malignant, and unspecified§	16 (7.1)	3 (1.4)	7 (2.3)	2 (0.7)	23 (4.3)	5 (1.0)
Skin and subcutaneous tissue disorders	6 (2.7)	1 (0.5)	12 (3.9)	9 (3.0)	18 (3.4)	10 (1.9)
Nervous system disorders	5 (2.2)	3 (1.4)	13 (4.2)	6 (2.0)	18 (3.4)	9 (1.7)
GI disorders	5 (2.2)	0	13 (4.2)	1 (0.3)	18 (3.4)	1 (0.2)
Diarrhea	5 (2.2)	0	6 (2.0)	0	11 (2.1)	0
Infections and infestations	4 (1.8)	0	5 (1.6)	4 (1.3)	9 (1.7)	4 (0.8)
Musculoskeletal and connective tissue disorders	1 (0.4)	1 (0.5)	5 (1.6)	6 (2.0)	6 (1.1)	7 (1.3)

NOTE. Safety population includes patients who received at least one dose of study drug.

Abbreviations: CALGB, Cancer and Leukemia Group B; GIMEMA, Gruppo Italiano Malattie Ematologiche dell'Adulto; IFM, Intergroupe Francophone du Myélome; Len; lenalidomide; TEAE, treatment-emergent adverse event.

- Increased risk of SPM, that start to be significant after 2 years of maintenance

* In the IFM study, data from two cycles of lenalidomide consolidation are included.

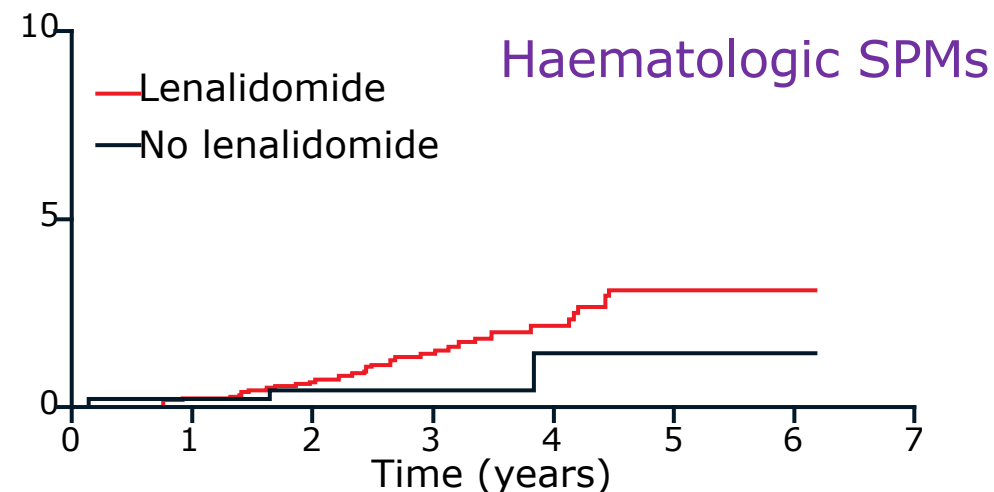
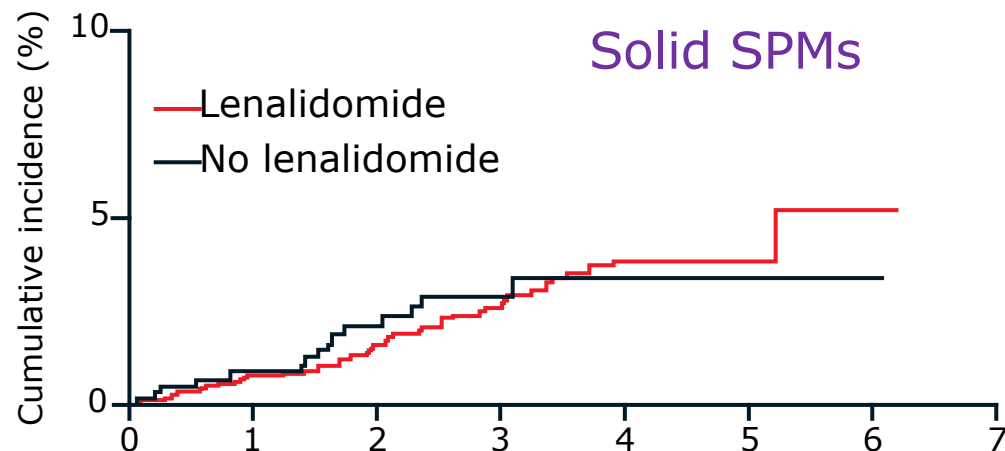
† Data from the IFM and CALGB studies only.

‡ System organ class presented with preferred terms nested below.

§ Includes cysts and polyps.

Lenalidomide Maintenance and Risk of Second Primary Malignancies

Meta-analysis of seven Phase III trials of R maintenance in NDMM patients (N=3,218)



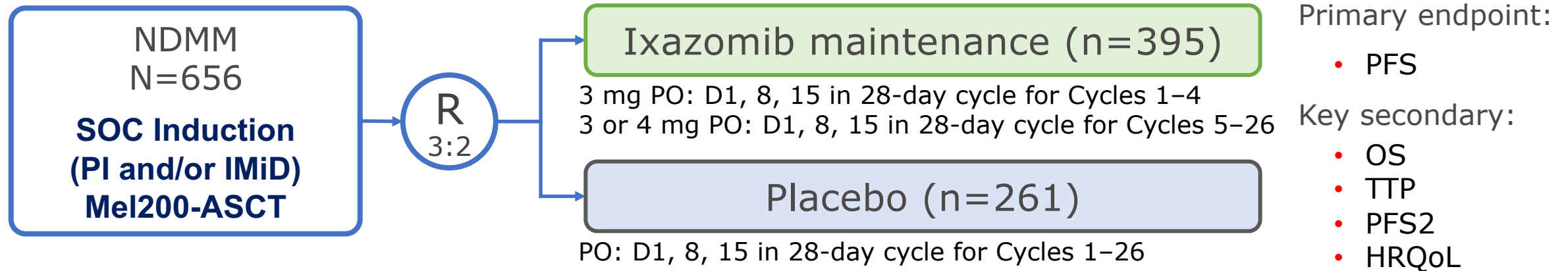
Cumulative incidence (95% CI)	3 years	5 years
Lenalidomide	2.6% (1.8–3.3)	3.8% (2.7–4.9)
No lenalidomide	2.9% (1.4–4.4)	3.4% (1.6–5.2)

3 years	5 years
1.4% (0.8–2.0)	3.1% (1.9–4.3)
0.4% (0.0–0.9)	1.4% (0.0–3.6)

- Significant increased risk of hematologic SPMs with lenalidomide maintenance versus no maintenance
- Primarily driven by co-exposure to lenalidomide and oral melphalan

Oral Ixazomib Maintenance After ASCT in NDMM TOURMALINE-MM3 Study:

- Phase III, randomised, placebo-controlled, double-blind study:



Stratification - Prior induction treatment (PI and/or IMiD); Type of response to ASCT; ECOG PS 0-2

INCLUSION CRITERIA

- Received SOC induction - a PI and/or IMiD
- Received single Mel200 ASCT within 12 months of diagnosis
- Documented response to ASCT (CR, VGPR, PR)

EXCLUSION CRITERIA

- Relapse from/or unresponsive to primary therapy
- Double (tandem) ASCT
- Post-ASCT consolidation therapy

Phase III TOURMALINE-MM4 Trial of Ixazomib as First-Line Maintenance Therapy Met Its Primary Endpoint

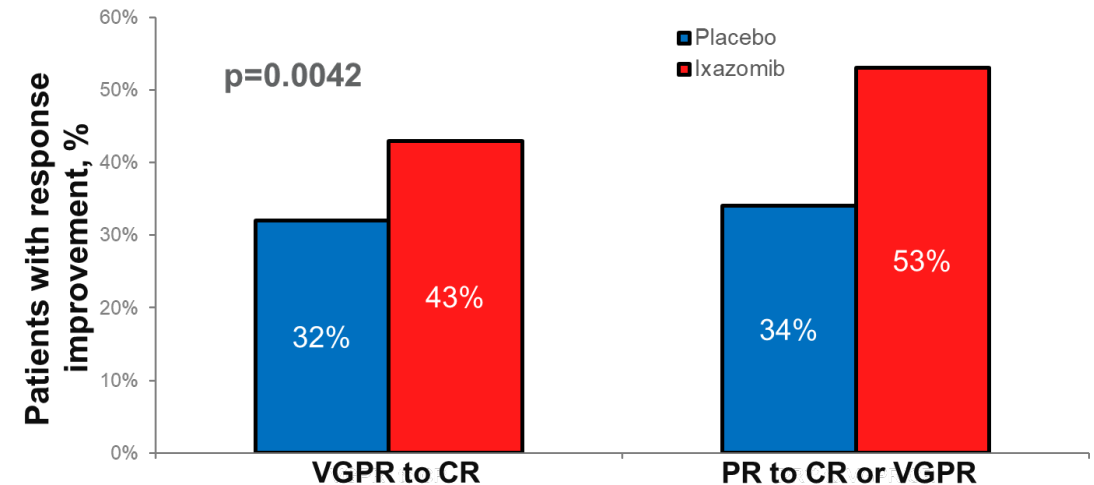
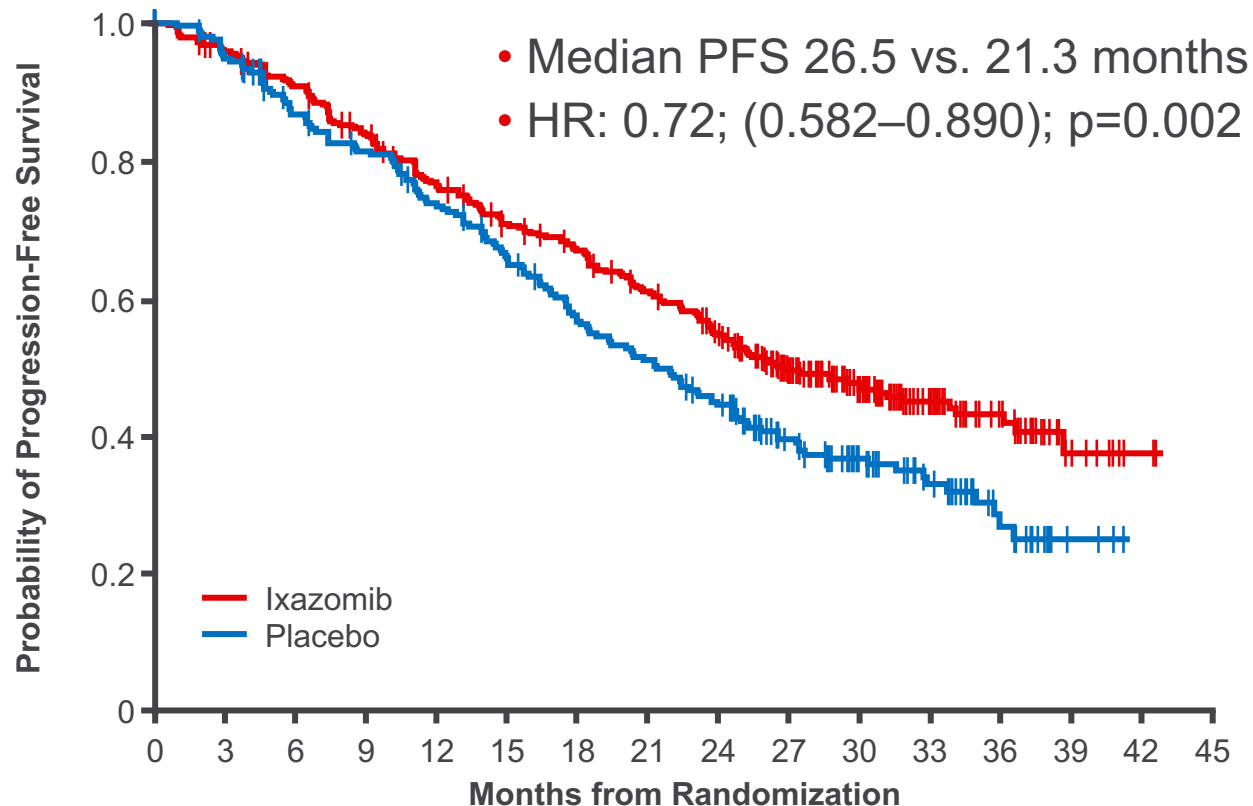
Press Release - November 7, 2019

“The randomized, Phase 3 TOURMALINE-MM4 study met its primary endpoint of progression-free survival (PFS). The trial evaluated the effect of single-agent oral ixazomib as a first line maintenance therapy versus placebo in adult patients diagnosed with multiple myeloma not treated with stem cell transplantation. TOURMALINE-MM4 is the first industry sponsored Phase 3 trial to explore the concept of “switch” maintenance, the use of medicines not included in initial induction therapy, in this setting. Ixazomib is currently not approved for this specific use.

The safety profile of Ixazomib in the maintenance setting was consistent with previously reported results of single-agent ixazomib use, and there were no new safety signals identified in TOURMALINE-MM4.”

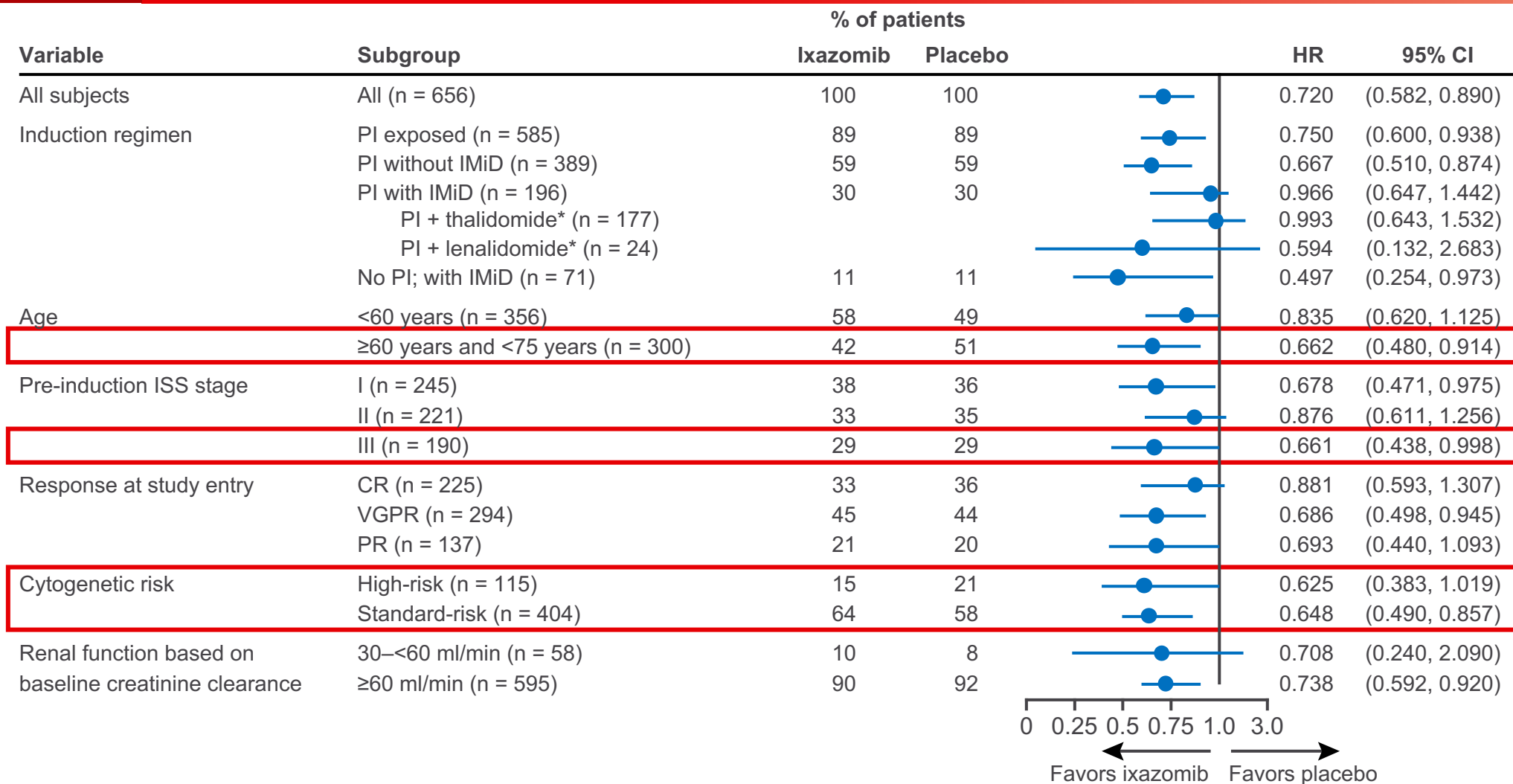
Significant Improvement in PFS with Oral Ixazomib Maintenance After ASCT in NDMM: TOURMALINE-MM3 Study Results:

- 39% improvement in PFS
- Median OS not reached in either arm



- 41% had improvement in response
- 139/302 (46%) on the ixazomib vs 60/187 (32%) on the placebo arm

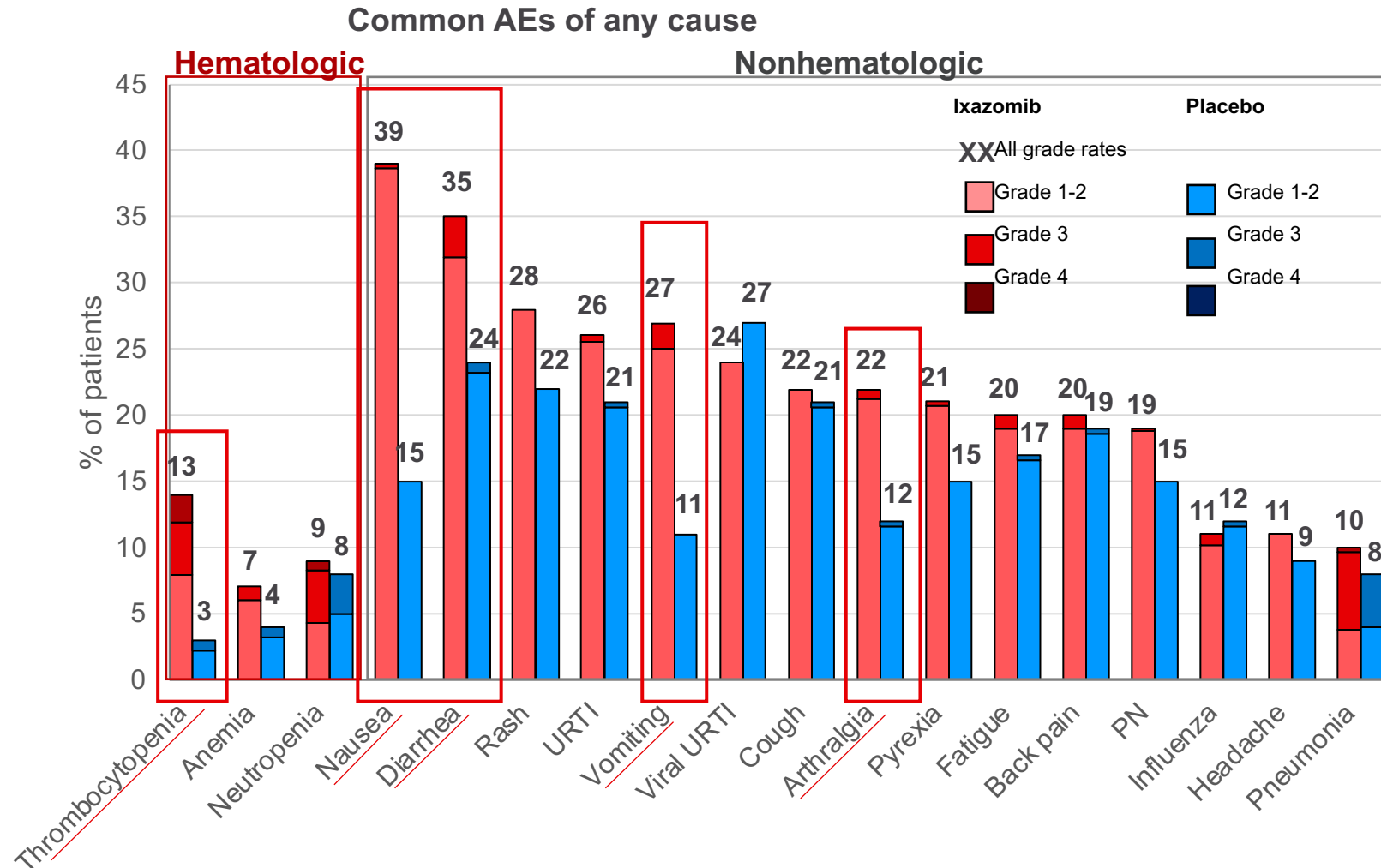
PFS benefit observed broadly across patient subgroups



*IMiD use reported by investigator

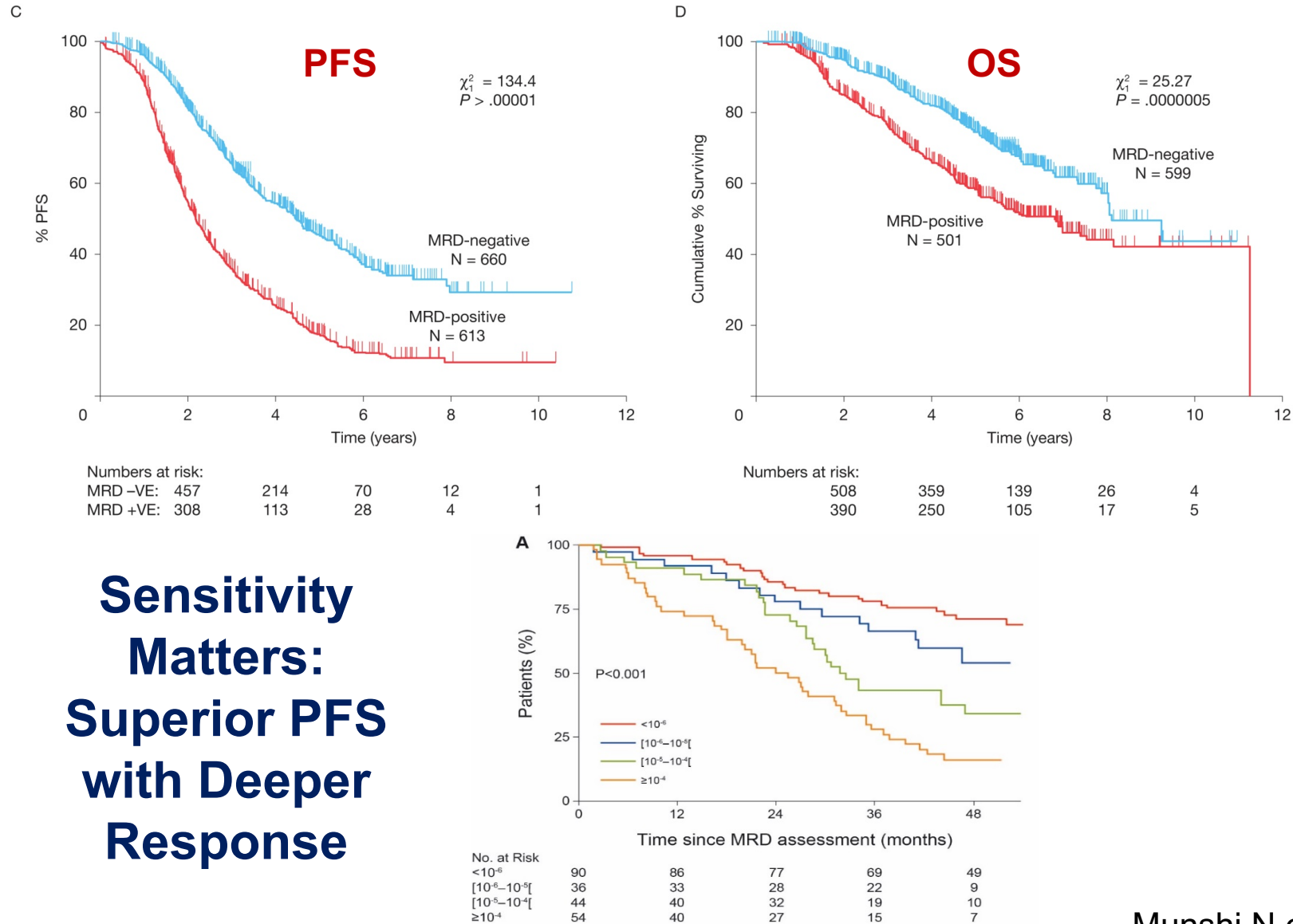
Dimopoulos MA et al. *Lancet* 2019;393(10168):253-64.

Ixazomib Maintenance Associated with Low Toxicity



- No difference in the rate of new primary malignancy (3% versus 3%)
- AEs leading to study treatment discontinuation occurred in 7% (ixazomib) and 5% (placebo) of patients

MRD Negativity, Measured by Either NGF or NGS Improves Both PFS and OS

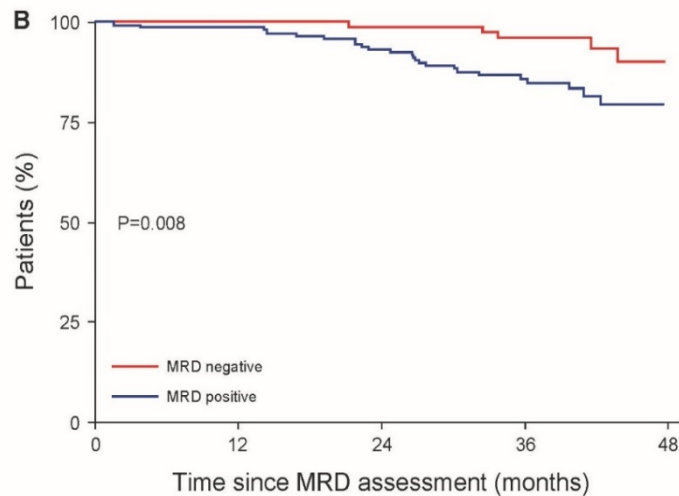


**Sensitivity
Matters:
Superior PFS
with Deeper
Response**

IFM/DFCI 2009 Study

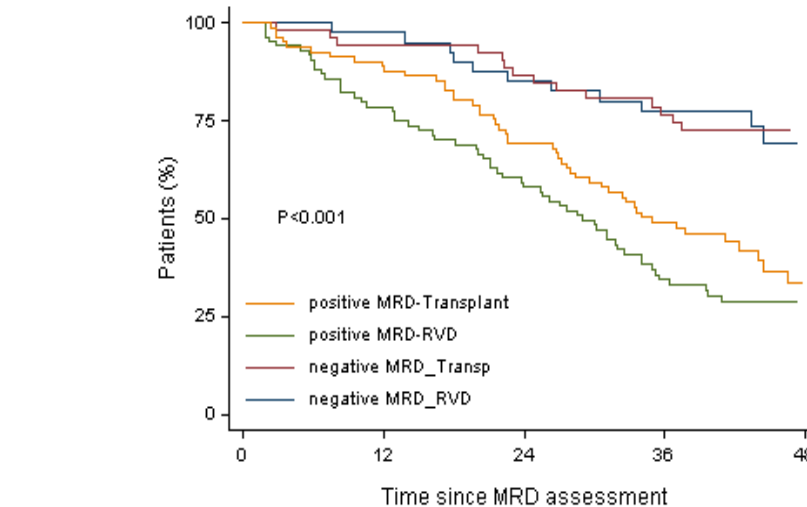
Superior Survival with Minimal Residual Disease negative Status

**Superior Overall Survival
With MRD negativity**



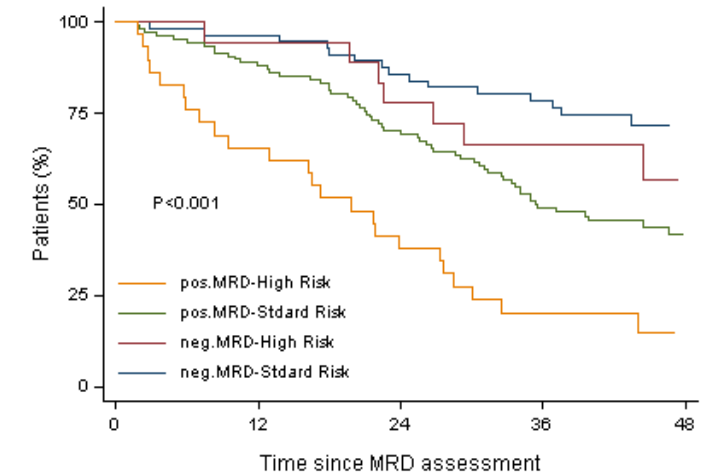
No. at Risk	0	12	24	36	48
MRD negative	92	92	91	58	11
MRD positive	147	145	136	89	13

**MRD- patients have improved
outcome irrespective of therapy
used**



N at risk	0	12	24	36	48
positive MRD-Transplant	81	72	56	35	9
positive MRD-RVD	84	65	48	26	8
negative MRD_Transp	52	49	45	37	17
negative MRD_RVD	40	39	34	31	10

**MRD- Patients have improved
outcome irrespective of risk
category**



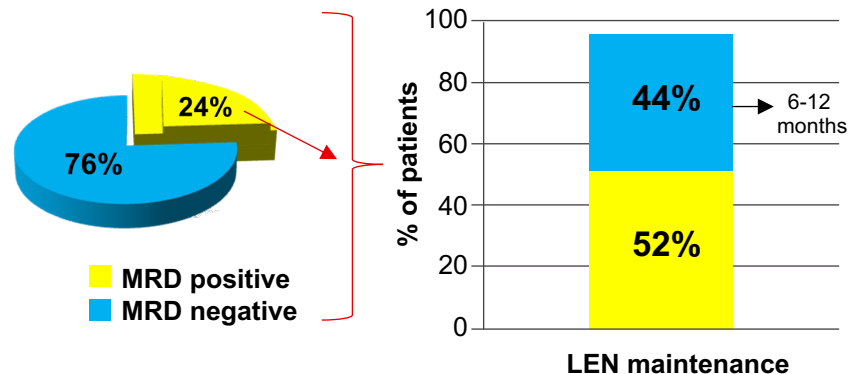
N at risk	0	12	24	36	48
pos.MRD-High Risk	29	19	11	5	0
pos.MRD-Stdard Risk	107	94	74	46	16
neg.MRD-High Risk	18	17	14	11	4
neg.MRD-Stdard Risk	56	54	48	42	18

Maintenance Therapy Achieves MRD Negativity

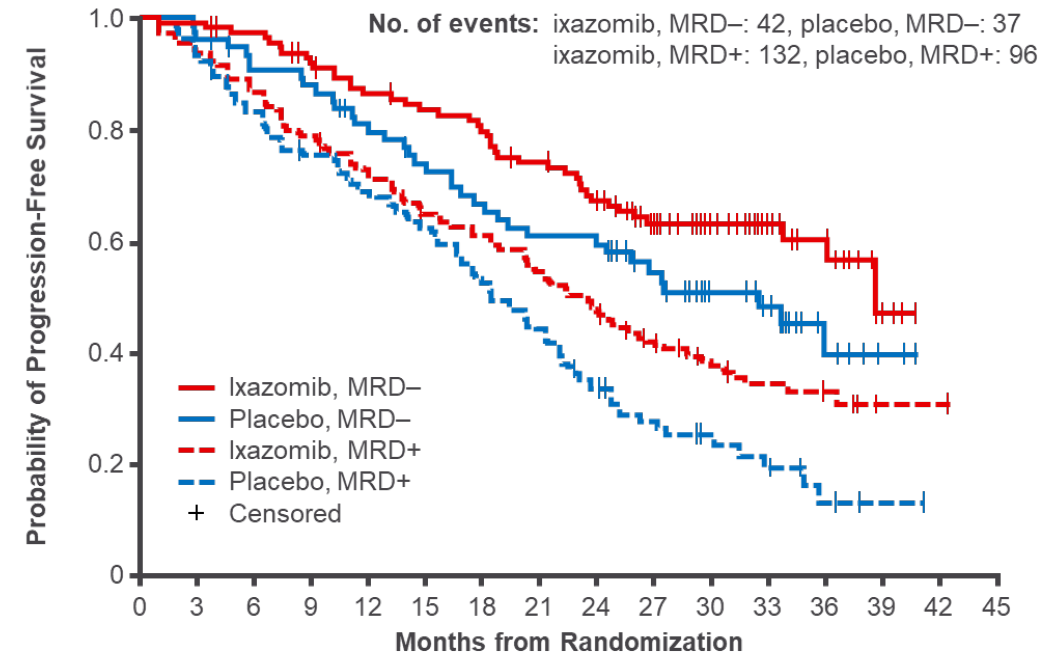
Deepening of response with Maintenance - IFM-DFCI 2009 Study

	Minimal Residual Disease Status	
	Negative	Positive
Response at the beginning of maintenance. (%)	24.6%	75.4%
Response after 12 months of maintenance. (%)	38.5%	61.5

MRD positive patients pre-maintenance achieve MRD negativity after >1 year of Lenalidomide maintenance EMN-02



A PFS benefit observed in the ixazomib group irrespective of MRD status at study entry



Clinical Application of MRD

- **Judge prognosis pre-maintenance and during maintenance**
- **Inform the need for transplant as well as consolidation**
- **Contribute to determining the type and length of maintenance**
- **Identify early relapse for close follow up and may consider intervention – especially in high-risk patients**
- **Role in management of relapsed disease**
- **Measure real depth of the disease – in all patients who have achieved VGPR or better**